



TODAY'S NEWS

Sunday, 7th July 2024

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LINKS

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EXECUTIVE SUMMARY

- [Sun Herald](#) (page 1) reports the TGA will review labelling requirements for some cold and flu tablets due to an increase in reported adverse reactions to andrographis paniculata.
- [Sunday Telegraph](#) (page 1) reports a report released under freedom of information laws has found an increase in alcohol related violence after the federal government axed the cashless debit card in Indigenous communities.
- [Sunday Mail Brisbane](#) (page 1) reports that Queensland's chief health officer, Dr John Gerrard, has called on residents to get their free flu vaccination as more than 20 kids are day are currently been hospitalised from the flu.
- [Sunday Canberra Times](#) (page 4) reports a parliamentary inquiry into diabetes has recommended that the federal government put a 20 per cent tax on all sugar-sweetened drinks.
- [Sun Herald](#) (page 5) reports Australian Psychological Society chief executive Dr Zena Burgess has warned that Employee Assistance Programs are currently understaffed due to staffing shortages across the mental health workforce, limiting the programs ability to deliver acute mental health care.
- [Sunday Canberra Times](#) (page 5) reports the ACT has seen a 60 per cent increase in recorded influenza cases, with only a quarter of children vaccinated. Professor Paul Kelly, head

of the interim Australian Centre for Disease Control, is calling on Australians to get the flu vaccination stating "It could save your life."

- **Sunday Age** (Page 6) reports Albury-Wodonga lobby group Better Border Health will demand the Victorian government to build a new hospital in the region, with the waiting list for planned surgery in the region the worst in regional Victoria.

MINISTER BUTLER

Putting a price on cancer patients' lives

The Nightly, General News, 05/07/2024, Michael Usher, Page 22

A \$12,000 a month miracle drug could give Amelia and others like her their lives back. [...] And that hope is in the hands of Health Minister Mark Butler to support this push, and the PBS review team, which we think will start assessing the merits next week.

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MINISTER WELLS

Aged care homes face claims of neglect, mismanagement as families seek legal advice over deaths of loved ones

Adelaide Now, Other, 06/07/2024, Julie Cross & James Dowling

Nursing homes face lawsuits as families reeling from the deaths of loved ones claim they'd still be alive if it weren't for certain questionable practices. Aged Care Minister Anika Wells says the Albanese government is "determined to help" aged care workers and the sector.

Also reported by: [Gold Coast Bulletin \(Online\)](#).

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ASSISTANT MINISTER MCBRIDE

No relevant coverage

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ASSISTANT MINISTER KEARNEY

No relevant coverage

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ASSISTANT MINISTER MCCARTHY

\$33.7 million to improve health infrastructure in NSW Aboriginal communities

dubbophotonews.com.au, Other, 06/07/2024

The federal government has announced a \$33.7 million investment into ten Indigenous health infrastructure projects across NSW. This funding, unveiled at the Joint Council on Closing the Gap meeting in Adelaide yesterday (Friday, July 5), includes contributions from the Minister for Indigenous Australians Linda Burney, Assistant Minister Malarndirri McCarthy, the Lead Convener of the Coalition of the Peaks Pat Turner, and NSW Minister for Aboriginal Affairs and Treaty David Harris.

DEPARTMENT

ACT records sharp uptick in flu cases over the last week

Sunday Canberra Times, General News, 07/07/2024, Lanie Tindale, Page 5

There has been a significant increase in flu cases reported in the ACT as the territory enters the depths of winter. [...] Head of the interim Australian Centre for Disease Control, Professor Paul Kelly, said people needed to get vaccinated against the flu.

Also reported by: [Canberra Times \(Online\)](#).

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Maintaining health as we age is a priority to live well and independently

Have-a-Go News, General News, 01/07/2024, Page 24

Roman poet Virgil wrote: 'the greatest wealth is health'. It's a saying as true today as it was in Roman times, and of course, as we get older maintaining our health to enjoy life becomes ever more important. [...] The Australian Government Department of Health and Aged Care stand will feature a host of health care measures available to older West Australians.

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Aged care vax rates shocker

Warracknabeal Herald, General News, 05/07/2024, Tony Curran, Page 1

Five aged care homes across the Wimmera failed to administer adequate Covid boosters to at least half of their residents, according to latest figures. [...] The Federal Department of Health and Aged Care reportedly contacted providers with low vaccination rates requesting they submit plans to vaccinate their residents over coming weeks.

Also reported by: [The Horsham Times \(Horsham\)](#).

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Virus anniversary a timely reminder to stay on top of zoonotic disease

The Land Australia, Other, 06/07/2024, Dakota Tait

As Australia grapples with outbreaks of avian influenza, the federal government has reaffirmed its commitment to a local, national and global approach to fighting the spread of infectious diseases which leap from animals to humans. [...] The Department of Agriculture and the Department of Health and Aged Care also jointly lead the Human Animal Spillover and Emerging Diseases Scanning (HASEDS) group, which identifies the early signs and potential risks of emerging and re-emerging zoonotic diseases.

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Aged care homes face claims of neglect, mismanagement as families seek legal advice over deaths of loved ones

Herald Sun, Other, 06/07/2024, Julie Cross & James Dowling

Nursing homes face lawsuits as families reeling from the deaths of loved ones claim they'd still be alive if it weren't for certain questionable practices. At least six families are currently seeking legal advice over the deaths of their loved ones in They believe their deaths could have been prevented if they had received quicker or better healthcare. [...] The Department of Health and Aged Care said in the 2023 to 2024 financial year a quarter of the residential aged care workforce were registered and enrolled nurses and 75 per cent were personal care workers.

Also reported by: [The Mercury \(Online\)](#), [Townsville Bulletin \(Online\)](#), [Weekly Times Now \(Online\)](#), [Toowoomba Chronicle \(Online\)](#), [Geelong Advertiser \(Online\)](#), [The Courier Mail \(Online\)](#).

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CORONAVIRUS

'Top five': Shocking Covid stat as cases soar

The Courier Mail, Other, 05/07/2024

A chief health officer says three new variants of Covid are spreading in Australia, as new statistics about the disease come to light. Experts have sounded a warning over "complex" and highly-transmissible Covid subvariants taking off in Australia — as new data shows the virus is among the nation's top five killers.

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AGEING AND AGED CARE

Maggie's mission

Sunday Times, STM, 07/07/2024, Page 10

The beloved food icon is driving change for better treatment of senior Australians. She says it's the hardest thing she's done. When Maggie Beer heard the shocking statistics of malnutrition in aged-care residents, she was horrified.

Also reported by: [Sunday Times \(Perth\)](#), [West Australian \(Online\)](#).

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Top home care complaints revealed

The Senior - NSW, General News, 01/07/2024, Eileen Wood, Page 19

Poor communication and fees and charges are the two major areas of complaint leveled against home care providers, according to the latest report by the Aged Care Quality and Safety Commission. More than 1900 complaints were made to the Commission between July 1 and December 31, 2023 with 2,217 resolved (some of these would have been originally reported before July 1).

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More forced to farewell insurance

The Senior - QLD, General News, 01/07/2024, Eileen Wood, Page 9

Diane Bunworth, 76, has had private health insurance since she was 16 but after 60 years, she is considering letting it go as are many other retirees. "Our current monthly premium is \$462, that's a big dent in our age pension," Diane said.

Also reported by: [The Senior - VIC \(Melbourne\)](#), [The Senior - SA \(Adelaide\)](#).

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Push to make cash count

The Senior - QLD, General News, 01/07/2024, Eileen Wood, Page 12

As older Australians take to their streets and malls to encourage local businesses to keep taking cash, Independent MP Gee has introduced a private member's bill that would force businesses to accept cash as a form of payment. The federal member for Calare in NSW said while the use of cash for transactions had been declining, Australians should be able to choose how they will pay for what they buy - not financial institutions or businesses.

Also reported by: [The Senior - VIC \(Melbourne\)](#), [The Senior - WA \(Perth\)](#), [The Senior - NSW \(National\)](#).

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Neighbours boost aged care staff

The Senior - QLD, General News, 01/07/2024, Therese Murray, Page 41

With Australia facing critical shortages of aged care staff, one provider is aiming to boost its workforce after bidding "bula" to a team from Fiji. Two Bolton Clarke facilities are taking part in the Pacific

Australia Labour Mobility scheme, which allows eligible Australian businesses to hire workers from nine Pacific island countries and Timor-Leste when there are not enough local workers available.

Also reported by: [The Senior - VIC \(Melbourne\)](#).

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Elder abuse under the microscope

The Senior - SA, General News, 01/07/2024, Anthony Caggiano, Page 3

Being abused by someone you love is hard to accept, let alone speak up about and find help. But health providers may play a role in breaking this.

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Guide proudly navigates discrimination

The Senior - SA, General News, 01/07/2024, Anthony Caggiano, Page 29

Falling off a ladder was the incentive for a man to make an advance care directive after his children denied his partner from making medical decisions. This was one of several stories shared at the launch of the Rainbow Rights Toolkit, an LGBTQIA-specific resource that includes information about laws, rights, and contact details for help in areas including employment, residential aged care and retirement villages, choosing an inclusive healthcare provider, making an advance care directive and wills.

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Why families need to plan

The Senior - SA, General News, 01/07/2024, Rowan Cowley, Page 29

Without adequate planning, transitioning to aged care can place a heavy burden on personal finances and family relationships. It is a problem aged care and retirement living financial specialist Alexandra Plumb has seen all too often.

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End-of-life care: what Mike learnt

The Senior - VIC, General News, 01/07/2024, Melanie Whelan, Page 3

Mike Chennell says he learnt too late to ask for help - that men always think they are smarter and stronger. Until they are not.

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Why aged care is the last frontier

The Senior - WA, General News, 01/07/2024, Hazel Bradley, Page 8

Aged care nurse Perri Waddell has taken out the 2024 WA Nurse of the Year award - an award she immediately dedicated to all aged care nurses. The state's nurses and midwives were recognised for their outstanding service at the recent 2024 WA Nursing and Midwifery Excellence Awards.

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Would you pay half a million dollars a year for aged care? There's a spot available

The Australian, Other, 06/07/2024, James Gerrard

The term luxury is often overused. Essential items such as a simple bar of soap can be produced and marketed as a luxury item.

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POPULATION HEALTH

Why you are when you eat

The Nightly, General News, 05/07/2024, Sarah Di Lorenzo, Page 37

Can the time of day we eat really impact our journey when getting to our healthy goal weight? For many years medical professionals have claimed that all calories are the same no matter what time of day, and night eating had no impact on weight.

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The best time of day to work out (according to experts)

Sunday Herald Sun, Body and Soul, 07/07/2024, Sarah Noonan, Page 16

Whether you're keen to recover, feel calmer or build lean muscle, we asked top trainers, a doctor and one impressive athlete how to get the most out of every sweat session. When it comes to exercise, there are two tribes: early-morning movers who leap out of bed with the enthusiasm usually reserved for Taylor Swift ticket lines, and late-night warriors. People are usually passionate about their chosen camp and stick loyally to their weekly workout time.

Also reported by: [Sunday Mail Adelaide \(Adelaide\)](#), [Sunday Mail Brisbane \(Brisbane\)](#), [Sunday Tasmanian \(Hobart\)](#).

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Longevity study's finger on pulses

Sunday Herald Sun, General News, 07/07/2024, Page 25

If you want to live a longer and healthier life then you need to pack in the pulses. A study presented this week at the American Society for Nutrition conference is the latest to demonstrate the benefits of a diet rich in beans, peas and lentils.

Also reported by: [Sunday Mail Brisbane \(Brisbane\)](#).

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What's keeping Gen Z up at night

Sunday Telegraph, General News, 07/07/2024, Adella Beaini, Page 27

Young Australians no longer worry about coronavirus or falling victim to cybercrime but are becoming increasingly anxious about being single, grief and drugs. Most find refuge in movies and music, while even the simple act of taking a bath or shower helps them de-stress and relax.

Also reported by: [Sunday Tasmanian \(Hobart\)](#), [Sunday Mail Brisbane \(Brisbane\)](#), [Sunday Herald Sun \(Melbourne\)](#), [Sunday Mail Adelaide \(Adelaide\)](#).

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Young Aussies' health habits the key to living well

Sunday Mail Adelaide, Editorials, 07/07/2024, Page 71

Sometimes it's the little things. Young Australians today are less concerned about the global coronavirus pandemic or falling victim to cybercrime, and are instead more worried about finding a partner and getting enough sleep.

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Eye love you

Sunday Mail Brisbane, Body and Soul, 07/07/2024, Page 7

Jul-EYE is National Eye Health Awareness Month, a perfect time to prioritise your eye health. Did you know 90 per cent of vision loss can be prevented or treated if detected early?

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Food fears heating up

Sunday Times, General News, 07/07/2024, Cain Andrews, Page 9

Shire leaders in the Kimberley worry food security would be at risk in regional and remote WA if a Coalition government enacts its proposed supermarket break-up policy. Opposition Leader Peter Dutton this week outlined plans for divestiture, allowing the Australian Competition and Consumer Commission to force supermarket giants in breach of competition laws to sell off stores a measure the Labor Government opposes but the Greens support.

Also reported by: [West Australian \(Online\)](#), [Kalgoorlie Miner \(Online\)](#).

Exercise is key to healthy ageing

Sunday Examiner, General News, 07/07/2024, Patrick Reid, Page 26

Sport can bring so much joy to people's lives, whether participating or watching. [...] According to the Australian Institute of Health and Welfare (AIHW), 57 percent of adults aged 65 and over do not meet these guidelines, and 84 percent do not do enough muscle-strengthening activities.

Also reported by: [Illawarra Mercury \(Online\)](#).

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CANCER, HEARING AND CHRONIC CONDITIONS

Inquiry flags 20% sugar tax to help fight diabetes crisis

Sunday Canberra Times, General News, 07/07/2024, Abe Maddison, Page 4

A 20 per cent tax on all sugar-sweetened drinks should spearhead efforts to stem Australia's diabetes epidemic, a parliamentary inquiry has found. The year-long inquiry into the nation's fastest-growing chronic disease made 23 recommendations aimed at strengthening the government's response to diabetes and obesity.

Also reported by: [Sunday Times \(Perth\)](#), [The Border Mail \(Online\)](#), [Bathurst Western Advocate \(Online\)](#), [Canberra Times \(Online\)](#), [Ballarat Courier \(Online\)](#), [Newcastle Herald \(Online\)](#), [West Australian \(Online\)](#), [Daily Mail Australia \(Online\)](#).

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Talcum powder may be cancer risk, says WHO

Sunday Herald Sun, General News, 07/07/2024, Page 20

The World Health Organisation's cancer agency has classified talc as "probably carcinogenic" for humans but an outside expert has warned against misinterpreting the announcement. WHO's International Agency for Research on Cancer said its findings were based on "limited evidence" that talc could cause ovarian cancer in humans, "sufficient evidence" it was linked to cancer in rats and "strong mechanistic evidence" that it showed carcinogenic signs in human cells.

Also reported by: [Sunday Mail Brisbane \(Brisbane\)](#), [Sunday Mail Adelaide \(Adelaide\)](#), [Sunday Tasmanian \(Hobart\)](#).

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Ozempic-style drugs may cut cancer risks

Sunday Telegraph, General News, 07/07/2024, Page 7

Study finding a class of diabetes medications, which include the best-selling drug Ozempic, are associated with a reduced risk of certain obesity-related cancers, according to a study released Friday. Published in the journal JAMA, the study found patients with type 2 diabetes who received GLP-1 agonists had a significantly lower risk of developing 10 out of 13 cancers studied, including esophageal, pancreatic, kidney, ovarian, liver and colorectal cancer.

Also reported by: [Sunday Mail Brisbane \(Brisbane\)](#), [Sunday Herald Sun \(Melbourne\)](#).

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AFL great Anthony Rocca diagnosed with cancer: 'It is even hard for me to say it now'

7news.com.au, Other, 06/07/2024, Glenn Valencich

The 46-year-old has stepped back from his coaching role ahead of a six-month chemotherapy program. Collingwood goalkicking great Anthony Rocca has revealed he is battling non-Hodgkin's lymphoma and will step away from football while undergoing chemotherapy.

[Read More](#)

Victorian mother Karen Thrusell shares rare cancer diagnosis story after doctors find 7.5kg tumour

7news.com.au, Other, 06/07/2024, Molly Magennis

The 55-year-old thought she was just gaining weight around her tummy. Karen Thrusell was 49 when she started experiencing hot flushes, fatigue and weight gain.

[Read More](#)

When Kaela started experiencing sarcoma symptoms she wrote it off as a pulled muscle, and experts say her experience isn't uncommon

ABC Online, Other, 06/07/2024, Emmy Groves

When Kaela Graham-Bowman developed a sore hip, she thought her daily gym habit and eight years in the military was to blame. "I joined the army when I was 19 and was [immediately] deployed to the Middle East," she said.

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Collingwood great Anthony Rocca has been diagnosed with Non-Hodgkin's lymphoma

Adelaide Now, Other, 06/07/2024, Glenn McFarlane

Collingwood great Anthony Rocca has urged people to listen to their bodies and seek medical advice when something feels amiss after he was recently diagnosed with Non-Hodgkin's lymphoma. Rocca, 46, had been experiencing sharp, stabbing back pain at night for several weeks when his football intuition told him something wasn't quite right.

Also reported by: [Gold Coast Bulletin \(Online\)](#), [The Mercury \(Online\)](#), [Northern Territory News \(Online\)](#), [Townsville Bulletin \(Online\)](#), [Toowoomba Chronicle \(Online\)](#), [Daily Telegraph Australia \(Online\)](#), [The Courier Mail \(Online\)](#).

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Your heart and the flu: Surprise finding about who is most at risk

The New Daily, Other, 06/07/2024, John Elder

It's already been a tough winter with the amount of respiratory illness going around. The flu, COVID, RSV are just the start of it. [...] According to the British Heart Foundation, flu causes stress to your body which can affect your blood pressure, heart rate and heart function.

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PRIMARY CARE

Healthcare services are at the brink on the border

Sunday Age, General News, 07/07/2024, Benjamin Preiss, Page 6

In the border community of Albury-Wodonga, the waiting list for planned surgery is already the worst in regional Victoria. Now the local health service like many across the state is bracing for budget cuts after it was told by the state government to find millions of dollars in savings.

Also reported by: [Sydney Morning Herald \(Online\)](#).

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FOR well-known truck driver and

Big Rigs, General News, 05/07/2024, Danielle Gullaci, Page 3

For well-known truck driver and outback farm owner Danyelle Haigh, a recent health scare has shone further light on the issues those in remote areas face when requiring medical care. Now she's calling on governments to fix the nation's broken rural and remote healthcare system.

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Analysis Youth crime and hospital cuts become thorn in the side of the

Allan government

ABC Online, Other, 06/07/2024, Richard Willingham

There are a handful of issues that sit squarely in the state government's remit, portfolios which they're expected to manage well and are ultimately judged on: education, transport, health and crime. Right now, Victorian Premier Jacinta Allan faces big problems in at least two: a health system in crisis and a youth crime problem that won't leave the headlines.

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MENTAL HEALTH AND SUICIDE PREVENTION

Skills shortages hit assistance line for workers

Sun Herald, General News, 07/07/2024, Mary Ward, Page 5

Employees should be wary of who is on the other end of the line when they call a workplace mental health service, psychologist groups say, amid concerns that skill shortages and low pay rates have affected the number of qualified clinicians working in the sector. Employee Assistance Programs (EAPs) and other wellbeing services are reporting an increase in usage, as the stigma attached to seeking help falls and employers promote the services in response to crises and cultural issues.

Also reported by: [Sunday Age \(Melbourne\)](#).

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'I'm ugly' disorder link to visual issue

Sunday Mail Brisbane, Edition Changes, 07/07/2024, Page 7

New research links body dysmorphic disorder - a devastating mental health disorder in which people fundamentally believe they are ugly or deformed - with "visual processing problems".

Neuropsychologist Susan Rossell said the disorder could be devastating, but it was not well understood.

Also reported by: [Sunday Mail Adelaide \(Adelaide\)](#).

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Bird watching good for the heart and soul

Sunday Tasmanian, General News, 07/07/2024, Don Knowler, Page 52

The calming effects of birdsong and the health benefits of a walk in the woods have now been found to provide a refuge for students suffering from anxiety and stress in the computer age. Research into what the Japanese call "forest bathing" has in the past been directed at adults and the benefits derived from exposure to nature as a whole.

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We have to regulate social media now as it turbocharges our eating disorder crisis

Sunday Telegraph, General News, 07/07/2024, Andrew Wallace, Page 84

Our country is only now beginning to realise the impact of social media on mental health, national security, and child safety. When it comes to the role of social media and eating disorders, we've known there is a causal link between the two for years, but every week that link is further cemented.

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Kids pay social media price

Sunday Territorian, General News, 07/07/2024, Luke Gosling, Page 16

From staying informed of the latest events like the Darwin Festival in real-time to building their businesses' online brands, or simply helping them choose their next dining venue based on their friends' recommendations. Platforms like X, Instagram, and TikTok have revolutionised the way we connect with like-minded people and new audiences at apparently no cost to the user.

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CHIEF NURSING AND MIDWIFERY OFFICE

Fentiman calls on LNP to be clear about its stance on abortion

Sydney Morning Herald, Other, 06/07/2024, Cloe Read

More women will now come forward to access abortion services, the Queensland government believes, as recruitment kicked off for more nurses and midwives to improve access to pregnancy termination. The state government earlier this year passed laws to allow nurses and midwives to dispense the abortion pill MS-2 Step, in a bid to give women better abortion access.

[Read More](#)

More funding, workforce boost for abortion services

Canberra Times, Other, 06/07/2024, Keira Jenkins

Abortion services in Queensland will receive more than \$20 million to improve access for women seeking to terminate a pregnancy and to increase the sector's workforce. Hospitals and health services across Queensland will use the funding to recruit 22 full time nurses, midwives, social workers and senior medical officers.

Also reported by: [Bathurst Western Advocate \(Online\)](#), [The Senior \(Online\)](#), [Illawarra Mercury \(Online\)](#), [Shepparton News Online \(Online\)](#), [West Australian \(Online\)](#), [Daily Mail Australia \(Online\)](#), [Wagga Wagga Daily Advertiser \(Online\)](#).

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\$20m, 22 clinicians: Health minister boosts support for Qld abortion services

Adelaide Now, Other, 06/07/2024, Isabella Pesch

The state government will spend nearly \$21m to expand early-termination-of-pregnancy services to women across Queensland. Pro-choice advocates are calling for more investment in abortion care services in Australia in the wake of the US Supreme Court's Roe v Wade decision.

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HEALTH WORKFORCE

No relevant coverage

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TECHNOLOGY ASSESSMENT AND ACCESS

A kick in the privates for NIB members

The Nightly, General News, 05/07/2024, Cheyanne Enciso, Page 29

Major health insurer NIB has moved to reassure members of their coverage while it works through fraught contract negotiations with the country's largest not-for-profit health and aged care provider, St Vincent's. St Vincent's which operates 10 private hospitals in NSW, Victoria and Queensland on Thursday threatened to terminate its contract with NIB within the next 65 days unless a "new fairer" funding was reached.

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MEDICARE BENEFITS AND DIGITAL HEALTH

Tips to help with myGov

The Senior - NSW, General News, 01/07/2024, Page 46

Gone are the days of going to a stand-alone Medicare office to claim on a medical bill. Sure, you could go to Services Australia but is it really worth the bother?

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BENEFITS INTEGRITY

No relevant coverage

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HEALTH SYSTEMS STRATEGIES

Smoke and mirrors cloud new vape ban

Sunday Canberra Times, Editorials, 07/07/2024, Page 22

The banning of vapes from public sale and diverting their dispensing to pharmacies via prescription only has been, as expected, a well-intentioned health initiative plan fraught with many practical problems. The day after the ban came into effect, flavoured vapes were still being sold for \$50 each in the ACT, despite the veiled threat of \$2.2 million in fines and a maximum seven-year jail term for those flouting the new law.

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Experts 'don't know where to look' on synthetic drugs

Sunday Herald Sun, General News, 07/07/2024, Brooke Grebert-Craig & Olivia Jenkins, Page 22

Medical experts fear a mysterious lethal drug already linked to the deaths of more than 15 Victorians in three years could kill dozens more. Nitazenes are a group of synthetic opioids that are made up of several types, including protonitazene and metonitazene.

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Lownote

Sunday Times, General News, 07/07/2024, Page 29

The news that children as young as 10 are showing signs of emphysema after taking up vaping in primary school is about as bleak as it gets when you consider the success of past anti-smoking campaigns. As reported in The West Australian, Respiratory Care WA (formerly Asthma WA) is seeing increasing lung damage due to the trend.

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Never to old to save a life

The Senior - QLD, General News, 01/07/2024, Eileen Wood, Page 4

It's hard to imagine the loss and grief Vivienne Linnane, 66, has been through. The former nurse lost her 18-year-old son Luke in a traffic accident and then her husband Tony from a brain aneurism - two tragic losses that resulted in her son and husband both becoming organ donors in the space of 13 years.

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'Tip of the iceberg': Extremely dangerous new drug detected in Australia

Adelaide Now, Other, 06/07/2024, Brielle Burns

An "extremely dangerous" new group of drugs linked to a number of deaths worldwide have made their way to Australian shores. Sky News host Chris Kenny says as the federal Labor government, who

"stand for nothing" is making it harder to purchase vapes, the Victorian government is trialling pill testing at music festivals.

Also reported by: [Gold Coast Bulletin \(Online\)](#).

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SPORT

Enormous cost of sporting glory

Canberra Times, General News, 06/07/2024, Garry Linnell, Page 47

It truly is the greatest show on earth. It only arrives every four years but the battle for gold is well worth the wait.

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Arm-wrestlers seek to muscle in to the Olympics

Sun Herald, General News, 07/07/2024, Andrew Taylor, Page 4

Oz Caglar is fortunate to have understanding neighbours given the grunts and anguished cries emanating from his backyard. Mostly brawny blokes face each other across a small table, shoulders braced, wrists straight and thumb knuckles exposed as they grip each other's hand.

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Not just Norman: Aussies sign up to Saudi sports push

Sun Herald, General News, 07/07/2024, Chris Barret, Page 32

Pouring billions into golf, football and the Olympics, the oil-rich Gulf state is calling on Australian expertise to help it press ahead with ambitious plans, writes Chris Barrett. From scrapping away in the old National Soccer League with Parramatta Power and Sydney F United to calling the shots on a slice of a \$1 trillion sovereign wealth fund, Danny Townsend's career trajectory has been steep.

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The big break

Sunday Age, Sunday Life, 07/07/2024, Page 10

In an Olympics first, Rachael Gunn will be putting her breakdancing skills to the test at Paris 2024. The b-girl and academic talks with Jane Rocca.

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Olympic gold medalist thought he would never compete again after contracting long COVID

Daily Mail Australia, Other, 06/07/2024, Josh Alston

Olympian Matt Wearn is preparing to back up his gold medal performance at the Tokyo Olympics in Paris, but there was a period he thought he might never compete again after contracting long COVID. Wearn won the Tokyo Olympics Sailing Men's One Person Dinghy - Laser, but his triumph was followed by a challenging year.

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HEALTH ECONOMICS AND RESEARCH

'Useless': Family searching for answers after Indented Head teen given rare FND diagnosis

Gold Coast Bulletin, Other, 06/07/2024, Lucy Crock

The family of a young girl struggling with a rare neurological condition is calling for more research,

saying they feel "broken" by a diagnosis with no answers. Piper Martin is a 14 year old battling Functional neurological disorder.

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FIRST NATIONS HEALTH

ALP in cashless card crisis

Sunday Telegraph, General News, 07/07/2024, James Campbell, Page 1

A report handed to the federal government has found axing the cashless debit card in Indigenous communities has led to a surge in gambling, public drunkenness and alcohol-related violence, with more children going hungry, missing school and wandering the streets. The bombshell findings, which confirm dire warnings made before Labor axed the card in Indigenous communities, are laid out in a report commissioned by the government and released under Freedom of Information laws.

Also reported by: [Sunday Mail Brisbane \(Brisbane\)](#), [Sunday Mail Adelaide \(Adelaide\)](#), [Sunday Mail Adelaide \(Adelaide\)](#), [Sunday Herald Sun \(Melbourne\)](#), [Sunday Mail Brisbane \(Brisbane\)](#), [Sunday Mail Adelaide \(Adelaide\)](#), [Sunday Mail Adelaide \(Adelaide\)](#), [Sunday Herald Sun \(Melbourne\)](#), [Adelaide Now \(Online\)](#), [Gold Coast Bulletin \(Online\)](#), [The Mercury \(Online\)](#), [Northern Territory News \(Online\)](#), [Geelong Advertiser \(Online\)](#), [Toowoomba Chronicle \(Online\)](#), [Daily Telegraph Australia \(Online\)](#), [The Courier Mail \(Online\)](#).

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Failing communities

Sunday Telegraph, Editorials, 07/07/2024, Page 86

Revelations today that axing the cashless debit card in Indigenous communities has led to a surge of problems is grim reading. The problems include gambling, drunkenness and violence plus hospital admissions are up and kids are going to school hungry.

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Indigenous excellence on full view in NAIDOC awards

Canberra Times, Other, 07/07/2024, Keira Jenkins

The achievements of 10 Aboriginal and Torres Strait Islander people have been recognised in the 2024 NAIDOC awards, including one women's lifetime of advocating for the health of her people. The awards, held each July and this year in Adelaide, recognise the contributions of First Nations people in their communities and celebrate Indigenous excellence.

Also reported by: [Wagga Wagga Daily Advertiser \(Online\)](#), [West Australian \(Online\)](#), [Illawarra Mercury \(Online\)](#), [The Border Mail \(Online\)](#), [The Senior \(Online\)](#).

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From nurse to Indigenous rights icon, Aunty Dulcie Flower earns NAIDOC lifetime achievement award

ABC Online, Other, 06/07/2024, Christopher Testa

Dulcie Flower was just a few months into her nursing career when she encountered a patient she knew had suffered a grave injustice. A revered elder in the Torres Strait Islander community of Cairns, the man was known affectionately to his kin as "Old Pop".

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Plan to lure health workers to Indigenous communities

The Border Mail, Other, 06/07/2024, William Ton

Indigenous communities across NSW may be able to see a doctor more easily under a multimillion dollar funding injection for new clinics and housing for health workers. The \$33.7 million boost for 10 Indigenous health infrastructure projects was announced by federal and state Indigenous ministers and Coalition of the Peaks convener Pat Turner in Adelaide on Friday.

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Toddler tummies succumb to influx of gastro parasites

Sun Herald, General News, 07/07/2024, Amber Schultz, Page 6

Australia is in the grip of a gastro outbreak with four times more cases of cryptosporidiosis, a parasitical gastrointestinal disease, so far this year than in all of 2023. There have been 11,747 cryptosporidiosis cases in 2024 compared with 3716 last year.

Also reported by: [Sunday Age \(Melbourne\)](#).

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Worse than covid

Sunday Mail Brisbane, General News, 07/07/2024, Jackie Sinnerton, Page 1

More than 20 kids a day are being hospitalised with the flu as the state's chief health officer fears an unstoppable contagion across the state when school returns tomorrow. Dr John Gerrard believes hospitalisations will more than double, warning the flu could be more dangerous for children than Covid-19.

Also reported by: [Adelaide Now \(Online\)](#), [Gold Coast Bulletin \(Online\)](#), [Northern Territory News \(Online\)](#), [The Mercury \(Online\)](#), [Townsville Bulletin \(Online\)](#), [Toowoomba Chronicle \(Online\)](#), [Daily Telegraph Australia \(Online\)](#), [The Courier Mail \(Online\)](#).

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Uptake needs a shot in the arm

Sunday Mail Brisbane, Editorials, 07/07/2024, Page 68

With alarming new figures showing a shocking spike in severe influenza cases among Queensland children and kids heading back to school tomorrow after the holidays now is certainly the time for us all to roll up our sleeves and get the flu shot. As revealed exclusively by The Sunday Mail today, 20 children with influenza are being hospitalised every day in Queensland and there are real fears the situation is about to get much worse.

Also reported by: [Cairns Post \(Online\)](#).

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Whooping cough cases on the rise

Sunday Examiner, General News, 07/07/2024, Duncan Bailey, Page 5

The Department of Health has urged Tasmanians to get vaccinated and protect young babies from whooping cough as case numbers rise across the state. Whooping cough, or pertussis, is a highly infectious respiratory disease that causes a coughing illness.

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RSV vaccine 'out of reach'

The Senior - NSW, General News, 01/07/2024, Eileen Wood, Page 55

A surge in the highly contagious RSV(respiratory syncytial virus) infections among older Australians and those vulnerable to severe lung disease has experts fearing a "tsunami "of hospitalisations for related pneumonia and bronchiolitis. But while a vaccine is available and free for babies in some circumstances, it is not listed on the National Immunisation Program and costs an adult between \$315 and \$350 a year, putting it out of reach of many vulnerable older Australians.

Also reported by: [The Senior - TAS \(Hobart\)](#).

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Fears over cold, flu pills

Sun Herald, General News, 07/07/2024, Mary Ward, Page 1

The medicines regulator will reconsider warnings for some cold and flu tablets after a father died from an allergic reaction last month. [...] The Therapeutic Goods Administration received its first report of a death following use of the alternative medicine last month: 37-year-old Cale Agosta, a Queensland father of two who is suspected to have had a fatal reaction to ArmaForce.

Also reported by: [Sydney Morning Herald \(Online\)](#), [Sunday Age \(Melbourne\)](#).

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