



TODAY'S NEWS

Monday, 15th July 2024

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LINKS

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EXECUTIVE SUMMARY

- The [Northern Territory News](#) (page 1) reports men living in the Northern Territory electorate of Lingiari are 3.5 times more likely to die prematurely than men living in metropolitan Sydney, new research by the Movember Institute of Men's Health has found.
- The [Hobart Mercury](#) (page 8) reports the RACGP has called for Tasmania's government to provide more detail on newly announced \$250,000 grants for GP practices, while urging the state to recruit doctors from the UK.
- [The Australian](#) (page 9) reports a malaria vaccine shown to prevent the disease in up to 79 per cent of young children will be rolled out in two African nations this week, with up to 30 countries expected to follow by the end of the year.
- The [Herald Sun](#) (page 16) reports nursing home operator Bolton Clarke has threatened to lock out 1,700 nurses and personal care attendants across 21 locations in Victoria amidst ongoing industrial disputes.
- The [Daily Telegraph](#) (page 17) reports parenting and mental health experts have backed calls for the government to ban social media for children under sixteen amidst what they say are spiralling rates of anxiety disorders. *Also reported by: [Herald Sun](#)*

- The [Herald Sun](#) (page 17) reports private hospital maternity wards are paying up to \$3,500 a day for fly-in-fly-out locum obstetricians, but doctors warn Australia will likely have no private maternity services within five years. *Also reported by: [Courier Mail](#)*

MINISTER BUTLER

Nicotine use is soaring as vapes go underground

Australian Financial Review, General News, 15/07/2024, Gus McCubbing, Page 9

The Albanese government's plan to make pharmacies the gatekeepers of vaping will push more young people onto the black market, experts on the illicit trade say, as new data shows nicotine use is rising. Nicotine levels found in wastewater in December were...

Also reported by: [Australian Financial Review \(Online\)](#).

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Federal polities 'light up' at cigar club

Canberra Times, General News, 15/07/2024, Page 14

The Department of Parliamentary Services has ordered the removal of flyers advertising a cigar club and a related company selling cigars inside Parliament House. "Wide variety including premium Cuban cigars," one of the brochures spotted by Public Eye proclaimed. [...] Let's hope no one from tough-on-tobacco Health Minister Mark Butler's office has taken up the habit.

[Read Plain Text](#) [Read More](#)

Private patients wait more than year for surgery

Toowoomba Chronicle, General News, 15/07/2024, Sue Dunlevy, Page 3

Tens of thousands of public patients are waiting more than a year for surgery the longest time in two decades as the already-overstretched hospital system is flooded with private patients. Close to 80 private hospitals have shut in the past five years and a further 12 private hospitals have closed their maternity or mental health services as the system teeters on the verge of collapse. [...] Health Minister Mark Butler has asked his department to do a financial check on the viability of the private hospital sector after it collectively lost \$611 million last financial year.

Also reported by: [Toowoomba Chronicle \(Online\)](#).

[Read Plain Text](#) [Read More](#)

\$15.4m upgrade set to transform Whyalla Hospital with expanded emergency and high dependency units

Glam Adelaide, Other, 14/07/2024, Glam Adelaide

Whyalla Hospital is undergoing a \$15.4 million revamp, expanding its ER, upgrading the High Dependency Unit, and ensuring seamless healthcare services. Whyalla Hospital is set to undergo a significant \$15.4 million upgrade, jointly funded by the State Government and the Albanese Government. [...] Federal Minister for Health and Aged Care, Mark Butler, highlighted the government's dedication to easing hospital pressures and improving accessibility to healthcare services.

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MINISTER WELLS

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ASSISTANT MINISTER MCBRIDE

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CORONAVIRUS

ACT Health stops reporting age ranges for COVID-19 deaths

Canberra Times, Other, 14/07/2024, Bageshri Savyasachi

ACT Health has decided to stop sharing the age ranges of COVID deaths in a move to match the reporting of other notifiable diseases. The change comes after the Health Directorate's weekly report revealed a patient in his 40s had died, making him the youngest-COVID related death this year .

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Brendan Crabb from Burnet Institute on growing Long COVID case numbers

SBS, Other, 14/07/2024, Emma Kellaway

An infectious diseases researcher says between 200 and 400 million people around the world have experienced long COVID. It's a chronic condition that occurs after someone gets infected with COVID and is present for at least three months.

[Read More](#)

We finally know why some people got COVID while others didn't

Medical Journal of Australia, Other, 15/07/2024

Throughout the pandemic, one of the key questions on everyone's mind was why some people avoided getting COVID, while others caught the virus multiple times. Through a collaboration between University College London, the Wellcome Sanger Institute and Imperial College London in the UK, we set out to answer this question using the world's first controlled "challenge trial" for COVID – where volunteers were deliberately exposed to SARS-CoV-2, the virus that causes COVID, so that it could be studied in great detail.

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AGEING AND AGED CARE

Take time to thank aged care workers for their dedication

Adelaide Advertiser, General News, 15/07/2024, Darren Birbeck, Page 28

On August 7, we celebrate Aged Care Employee Day, when we recognise the valued contribution that aged care staff make. As our population ages and staff needs continue to increase, it is gratifying to see many younger people joining the sector. Recently, we held a training day specifically for high school students who were joining us as hospitality assistants in residential aged care.

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Nurses may be locked out

Herald Sun, General News, 15/07/2024, Stephen Drill, Page 16

Nursing home residents may miss lifesaving medication and other care if an aged-care provider follows through on a heartless threat to lock out nurses from Monday. Bolton Clarke, which operates 21 nursing homes in Victoria, issued a chilling warning amid a dispute over a pay rise. In an unprecedented move in a health dispute, the provider told the nurses' union it would lock out 1700 nurses and personal care attendants.

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The Canberra aged care facility that boasts a seasonal menu

Canberra Times, Other, 14/07/2024, Alex Cameron

"I miss my darling wife's cooking," says 94-year-old Reg Wall. "I even miss my own cooking." Reg doesn't seem 94. He's a tall, broad-shouldered man who, despite the usual sight and hearing problems of someone his age, has an immense and thoughtful presence. He sits at the dining table and embraces Julie Vagg. They live in the same aged care facility, and the two greet each other with the enthusiasm of long-lost friends.

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Nornie Bero's tinned corned beef stew for Maggie Beer's Big Mission

ABC Online, Other, 14/07/2024

This tinned corned beef stew is a family recipe that's been a favourite for generations. Growing up, when the budget was lacking, corned beef in a can would go a long way to feed our family. [...] Maggie's Beer's Big Mission to improve the quality of care and food for older Australians really resonates with me because I believe older people should be celebrated.

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POPULATION HEALTH

Surely time to smoke 'em out

Herald Sun, General News, 15/07/2024, Jon Kaila and Mark Buttler, Page 14

Almost 500 shops are selling illicit tobacco or banned vapes in the electorates of the MPs who have formed a committee to investigate the illegal trade. The public accounts and estimates committee (PAEC), which is made up of nine MPs, launched an inquiry into vaping and tobacco controls in February. A Herald Sun analysis can reveal that at least 463 shops sell the contraband vapes or loose-leaf tobacco known as chop chop in those nine political areas alone.

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Dental move a real pearler

Hobart Mercury, General News, 15/07/2024, Simon McGuire, Page 14

More East Coast residents will be able to access dental care provided by the Royal Flying Doctor Service (RFDS) in the region. The expansion of the East Coast dental service, originally scheduled for the 2025-26 financial year, has been brought forward due to a deal the RFDS struck with the state government. Speaking at Evandale on Sunday, Health Minister Guy Barnett said expanded service was expected to commence by the end of the year.

Also reported by: [Launceston Examiner \(Launceston\)](#).

Art, internships open biomedicine to visually impaired

The Australian, Other, 15/07/2024, James Dowling

What began as a gallery for the visually impaired has become a trailblazer in science communication and fair employment. Monash University's Sensory Science program is a staple of the university's biology and science faculties, emerging from a 2018 Sensory Science exhibition and biomedicine disability internship. [...] The Australian Institute of Health and Welfare estimates that 48 per cent of working age Australians with a disability are employed, compared to the average of 80 per cent among those without disability.

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Church builds 'boarding school' to house homeless amid social housing crisis

Canberra Times, Other, 15/07/2024, Grace Dudley

From a caravan to a seven-bedroom boarding school, a church in Orange is taking significant steps to address the social housing crisis. The Uniting Church is transforming an old building into a modern "boarding school-style" facility for the homeless, responding to a critical need in the community. [...] The church's plans have come as the Australian Institute of Health and Welfare released a report on July 12 shows that social housing has not kept pace with population growth.

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Life expectancy falls

Medical Journal of Australia, Other, 15/07/2024

Australians' life expectancy has fallen for the first time in 30 years. Australians have lost a month off their life spans according to the latest health report from the Australian Institute of Health and Welfare (AIHW). For the first time since the mid-1990s, the life expectancy has decreased by 0.1 years for both males and females between 2020–2022. The finding is part of the latest biennial report card on Australians' health by AIHW.

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CANCER, HEARING AND CHRONIC CONDITIONS

Millions needed to help treat diabetes

Kalgoorlie Miner, General News, 15/07/2024, Page 3

A funding boost of \$200 million is needed to subsidise technology for diabetics who can't afford potentially life-saving devices which help monitor and deal with the chronic disease. Diabetes Australia Group has published a report with economic modelling that suggests the investment would help nearly 40,000 people with Type 1 and Type 2 diabetes.

Also reported by: [Canberra Times \(Online\)](#), [West Australian \(Online\)](#), [Daily Mail Australia \(Online\)](#)

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Musician Fiona Lee Maynard saves husband's life with kidney donation

Daily Telegraph Australia, Other, 14/07/2024, Samantha Landy

For Fiona Lee Maynard, donating her left kidney to save her husband's life was a "no-brainer". More than that, it restored her "faith in life". The singer-songwriter's beloved husband and fellow musician, James Lomas, had been diagnosed with rare auto-immune disease Goodpasture's Syndrome two and a half years earlier at age 49.

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DonateLife: Ruby Payne and family share what life is like after a double lung transplant

Twelve-year-old Ruby Payne has been given a second chance at the childhood she almost lost, thanks to a life-changing double lung transplant. Diagnosed with severe Pulmonary Arterial Hypertension — a rare condition that strains the heart's ability to pump blood through the lungs — in August 2019, Ruby endured four years of hospital visits, medication trials, and numerous tests as her condition worsened.

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Stiff person syndrome is one-in-a-million – and these two people have it

The Guardian, Other, 14/07/2024, Charlotte Thou and Natasha May

The first time David Napier's legs turned to "blocks of concrete", he was driving home one night in 2002. Suddenly unable to move his foot from the accelerator to the brake pedal, the then 55-year-old old only made it home safely by using both hands to move his leg. Over the years, Napier's spasms became "tighter and tighter", until they had become a twisting sensation inside his legs from his foot to his hip that left him in "indescribable pain". He began to fall over, and soon found himself bedridden.

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Who is bearing the brunt of the increasing cost of cancer care?

Medical Journal of Australia, Other, 15/07/2024, Colin Williams and Peter Gibbs

Burgeoning health care costs are a major concern in Australia and throughout the world, straining national budgets and challenging principles of accessibility and equity. In Australia, total health care spending increased by 3.4% per year during 2011–21, and by a further 6% (\$13.7 billion) during the financial year 2021–22.

Also reported by: [Medical Journal of Australia \(Online\)](#).

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New roadmap for improving blood pressure control in Australia

Medical Journal of Australia, Other, 15/07/2024

The National Hypertension Taskforce aims to achieve 70% blood pressure control in Australia by 2030. Hypertension is the leading risk factor for preventable deaths in Australia, contributing to over 25 000 deaths every year through stroke, heart disease, kidney disease and dementia. One in three Australian adults has hypertension, but only half of these people have been diagnosed and are receiving appropriate treatment.

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PRIMARY CARE

New \$7.8m Woodville Ambulance Station and Hospital Avoidance Hub set to open

Adelaide Now, Other, 14/07/2024, Dylan Hogarth

Health is set to be a big-ticket item in the South Australian budget which Treasurer Stephen Mullighan will hand down on Thursday. A new ambulance station will open its doors on Monday with hopes it will address critical gaps in service coverage in Adelaide's western suburbs. The opening of the \$7.8 million Woodville Ambulance Station will coincide with the unveiling of a new Hospital Avoidance Hub at Woodville South.

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Injured Australian Rebecca Ode was medically evacuated from Bali last week. How does it work?

ABC Online, Other, 14/07/2024, Bridget Murphy

Rebecca Ode expected to return from her Bali holiday the way most Australians do: on a commercial flight. Instead, the 36-year-old from Newcastle was medically evacuated after she sustained horrific head and facial injuries on Nusa Lembongan island Ms Ode needed brain, eye and reconstructive surgery after being found on a roadside and rushed to hospital in Denpasar.

MENTAL HEALTH AND SUICIDE PREVENTION

Socials cause anxiety surge

Daily Telegraph, General News, 15/07/2024, Clare Armstrong, Page 17

An anxiety crisis gripping Australian schoolkids has experts urging the federal government to raise the minimum age for social media, even if some teens find ways around the new rules. Parenting and mental health professionals have backed calls to ban children under the age of 16 from using platforms such as Meta's Instagram and Facebook, as well as TikTok and Snapchat, to give schools and families a fighting chance to mitigate the harms being done to young developing minds.

Also reported by: [Herald Sun \(Melbourne\)](#), [Central Western Daily \(Orange\)](#).

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Mental health in youth arts spotlight

Adelaide Advertiser, General News, 15/07/2024, David Goldsmith, Page 13

Young South Australians are being urged to go online to vote for the mental health issues they would like to see tackled creatively as part of a unique arts project. Create4Adelaide presented by the Adelaide Festival and Carclew encourages young people to create artwork addressing their most pressing concerns.

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Checking-in can make a difference

Daily Liberal, General News, 15/07/2024, Orlander Ruming, Page 2

RUOK? Distress levels are rising but listening is a 'tool that can't go wrong', according to psychologist A CRYSTAL ball would be great, but without it we can never know how people are feeling, says Annie Fardell Hartley. Ms Fardell Hartley is a psychologist and suicidologist. She's also a non-executive director of the R U OK? Day board. R U OK? Day isn't until September 12, but this year the organisation is highlighting the importance of having meaningful conversations every day of the year.

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\$250k boost to the Gong's Barstool Project

Illawarra Mercury, General News, 15/07/2024, Joel Ehsman, Page 11

The Raising the Bar Foundation has received \$250,000 from the NSW government to help them design and deliver a mental health training program called the Barstool Project. The \$250,000 once-off contribution will go towards the third pilot of the project's Healthier Hospitality program.

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Expert welcomes plans for suicide prevention

Newcastle Herald, General News, 15/07/2024, Damon Cronshaw, Page 2

Newcastle-based suicide prevention expert Shayne Connell has welcomed the Minns government's plan to create a new law to "drive down suicide rates in NSW". The government announced on Sunday that it was working on suicide prevention legislation to be introduced into parliament next year. The law was aimed at driving "a cultural shift within government".

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You got this!

Townsville Bulletin, General News, 15/07/2024, Jami Roberts, Page 1

On a mission to share her mental health journey after an upbringing experiencing the loss of loved ones to drug addiction and sexual assault, a Townsville mother is seeking to help others through their own struggles through positive messaging and support. Telesha Ballinger, founder of Oi. You Got This,

said she was just a young girl when she was sexually assaulted, and after her mother and other loved ones lost their battle to drug addiction, she was left battling severe depression and anxiety.

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'Don't suppress your emotions': Men urged to seek help

Warrnambool Standard, General News, 15/07/2024, Monique Patterson, Page 4

A Warrnambool counsellor believes there needs to be more awareness about the impacts of suppressing emotions. Russell Voss, who has Warrnambool been a keynote speaker at a number of men's health events, said social conditioning taught men to "suck it up", "be strong", "take it on the chin" and "be a man".

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Scientists identify the best type of exercise for mental sharpness

Australian Financial Review, Other, 14/07/2024, Lucy Dean

High-intensity interval training three times a week can improve brain function in people 65 to 85 – and the benefits last up to five years, new research from the Queensland Brain Institute has found. University of Queensland neuroscientist Perry Bartlett ...

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Mum whose son died after first day on worksite demands change

9News, Other, 14/07/2024, Sarah Swain

A Melbourne mum is demanding change after her son died following his first shift on a CFMEU government worksite. Tammie Palmer claims 18-year-old Ben, who had mental health issues, was bullied to death. In January, the Ringwood North man went to work his first day on a CFMEU site. That night, before his 19th birthday, he died of an overdose.

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Climate change is one of the greatest threats to global mental health.

Medical Journal of Australia, Other, 15/07/2024

As climate-related disasters around the world increase, so too does the burden of accumulated trauma on global mental health. As a result of increasing greenhouse gas emissions, global average temperatures are rising.

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CHIEF NURSING AND MIDWIFERY OFFICE

'This is your fault': Birth trauma still lingers

Sydney Morning Herald, General News, 15/07/2024, Beth Knights, Page 22

Without fail, every time I've strongly held a belief, life has served me a painful lesson to aidmein loosening my grip. I wanted a natural homebirth the ideal. Instead, I wound up with a code blue emergency caesarean. The gulf between these two realities served up a unique kind of insight. I had concerns about hospital setting interventions and with good reason.

Also reported by: [Age \(Melbourne\)](#).

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Locum work delivers big coin

Herald Sun, General News, 15/07/2024, Sue Dunlevy, Page 17

Private hospital maternity wards are paying up to \$3500 a day for fly in, fly out locum obstetricians to help women they have never met before give birth. Many public maternity wards have already been put on bypass as they fail to cope with the demand caused by private hospital closures.

Also reported by: [Courier Mail \(Brisbane\)](#), [Medical Journal of Australia \(Online\)](#).

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HEALTH WORKFORCE

UK a fix for GP shortage

Hobart Mercury, General News, 15/07/2024, Sue Bailey, Page 8

As the government announces grants of up to \$250,000 a year for GP practices, a doctor's group says Tasmania should look to recruit GPs from the UK. Health Minister Guy Barnett said the government was working to help outer-urban, regional and rural Tasmanian GPs to "strengthen and sustain their practices". "These flexible grants can help GPs to offer extended hours of service, embed nurse practitioners, attract new doctors, or expand their practice with capital upgrades," he said.

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Fears GP shortage in NSW could get worse as Queensland joins Victoria to offer incentives

ABC Online, Other, 14/07/2024, Catherine James

Ian Spencer, 76, has been unable to fill the looming GP vacancies at his western NSW medical centre. The Royal Australian College for General Practitioners says incentive schemes in Victoria and Queensland could result in NSW losing more GPs. NSW Health declined to say if it would match the incentives. At 76, Ian Spencer would like to be retiring but instead, his workload is set to increase by thousands of patients.

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TECHNOLOGY ASSESSMENT AND ACCESS

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MEDICARE BENEFITS AND DIGITAL HEALTH

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BENEFITS INTEGRITY

Why these parents didn't sue hospital that killed their baby

Sydney Morning Herald, General News, 15/07/2024, Kate Aubusson, Page 14

What does justice look like when your child is killed by catastrophic medical errors? For Alice Neikirk and Ray Nickson, justice took on sinister forms in their darker moments after a flawed operation on their six-month-old daughter Edna led to her slow and painful deterioration. "How could it not when the only justice we were offered was in the fantasies we created as solace for ourselves?" Nickson said.

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HEALTH SYSTEMS STRATEGIES

ACT donates more plasma than anywhere else - but there's still huge

shortages

Canberra Times, Other, 14/07/2024, Alex Cameron

Would being paid for your blood or plasma make you more likely to donate? The ACT has some of the most altruistic donors in Australia. One is Mitchell Blythe, who said "it'd be great" to get paid but he would donate either way. "It's just a good thing to do," he said. "The food helps!"

[Read More](#)

Australians urged to check their organ donor status amid startling research

Daily Telegraph Australia, Other, 14/07/2024, Samantha Landy

Australians are being urged to take one minute to check their organ donor status, as new research indicates more than a million people nationwide incorrectly think they are registered. An estimated 900,000 people in Victoria and Queensland alone are mistaken about their registration status, reveals a new survey commissioned by the Organ and Tissue Authority.

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Doctors once again urged to abandon BMI when diagnosing obesity

The New Daily, Other, 14/07/2024, John Elder

In 1972, an American physiology professor Ancel Keys published a landmark paper. It assessed different methods for diagnosing overweight and obesity. The thinking at that time was that a person's height and weight could be used to determine how much fat they were carrying. There were various formulas, many of them clunky. Insurance companies wanted to know what worked best and cheapest.

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Government's new \$244 million vaping plan 'certain to fail' with calls for 'more education'

Yahoo! News Australia, Other, 14/07/2024, Joe Attanasio

Australia's new vaping laws are "certain to fail" and instead of limiting access to the electric devices, governments should instead "legalise and regulate" them as a method of reducing nicotine addiction, one of the nation's leading experts on tobacco harm reduction has warned. We need only look to our neighbour New Zealand to see their "smoking rate has declined more than twice as fast as ours" after legalising vaping, Dr Colin Mendelsohn said.

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SPORT

\$135m and 5000 hours: Olympics 'profitable', declares Nine CEO

Australian Financial Review, Marketing & Media, 15/07/2024, Sam Buckingham Jones, Page 28

Nine Entertainment's eight-year bet on the Olympic and Paralympic Games is paying off, chief executive Mike Sneesby says, with the network banking \$135 million in advertising revenue for the upcoming Paris event which he insists will turn a profit. In his...

Also reported by: [The Australian \(Australia\)](#), [Daily Telegraph \(Sydney\)](#).

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Glitter Strip in Paris charm offensive

Courier Mail, General News, 15/07/2024, Andrew Potts, Page 11

Mayor Tom Tate will take the Gold Coast charm offensive to the Paris Olympics in the hopes of selling the city to athletes as a place to train and businesses as a place to invest. The Gold Coast Mayor, recently appointed to the Brisbane 2032 organising committee, will be among a team of high-profile South East Queensland figures to fly out in late July to fly the flag eight years out from South East Queensland's own opening ceremony.

Also reported by: [Gold Coast Bulletin \(Gold Coast\)](#).

Stadium sugar hit rates above plight of youth

Hobart Mercury, General News, 15/07/2024, Greg Barns, Page 22

It's full steam ahead on the proposed AFL stadium while the closure of Ashley continues to sit on the backburner. Let's compare them. Last week the AFL stadium plans were released by the Rockliff government and the architects. Full steam ahead was the message. Meanwhile another year is going by and the same government's supposed commitment to closing Ashley, the undergraduate school for adult prison, remains unfinished business despite the former premier Peter Gutwein promising to close it on September 9, 2021.

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Raise the roof

Gold Coast Bulletin, General News, 15/07/2024, Paul Weston and Andrew Potts, Page 1

The Gold Coast City is to make a stunning play to host the world swimming champs - as a legacy platform for the Southport Aquatic Centre and the 2032 Olympics. The council will investigate plans for both permanent and temporary roofing needed at the City's 2018 Commonwealth Games pool for the Gold Coast to secure the 2028 world swimming championships.

Also reported by: [Gold Coast Bulletin \(Gold Coast\)](#).

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SEQ 2032 'will' dwarf GC 2018

Gold Coast Bulletin, General News, 15/07/2024, Paul Weston, Page 1

The 2032 Olympics will be bigger for the Gold Coast than the 2018 Commonwealth Games, with a \$2 billion economic injection and more visitors, latest research shows. But the really big win for the city will be the lack of capital expenditure required courtesy of having hosted the 2018 Commonwealth Games, reveals a private briefing paper.

Also reported by: [Gold Coast Bulletin \(Gold Coast\)](#), [Gold Coast Bulletin \(Gold Coast\)](#), [Gold Coast Bulletin \(Gold Coast\)](#), [Gold Coast Bulletin \(Gold Coast\)](#), [Gold Coast Bulletin \(Gold Coast\)](#), [Gold Coast Bulletin \(Gold Coast\)](#).

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Titans and Suns build for future

Gold Coast Bulletin, General News, 15/07/2024, Mitch Bourke, Page 1

The Gold Coast was once called a city where sport franchises go to die. No more. Its two big clubs are building momentum and making the city proud with increased numbers at games. The Gold Coast Titans men have won three on the trot. Its women, finalists in 2023, will bid to go one better this season. The Suns are flirting with the top eight and CEO Mark Evans reveals an extra boutique stadium in the Carrara precinct is on the radar.

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HEALTH ECONOMICS AND RESEARCH

Breakthrough in malaria vaccine

The Australian, International News, 15/07/2024, Ben Spencer, Page 9

Babies in Africa are about to receive doses of the world's first affordable malaria vaccine, costing less than \$6 a dose and paving the way for the eradication of malaria within a decade, scientists believe. Malaria kills more than 600,000 people a year, 95 per cent of them in Africa and 80 per cent under the age of five.

Also reported by: [The Australian \(Online\)](#).

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Big brains tackle big issues at CDU event

Northern Territory News, General News, 15/07/2024, Camden Smith, Page 5

Some of the country's best young minds will be on display when Charles Darwin University hosts the annual Higher Degree by Research Conference next month. Scheduled for August 28, the event's theme 'Purposeful Research Making a Change in Real Life' reflects CDU's commitment to helping develop Australia's future leaders. Key themes include environment and sustainability, work and wellbeing, equality and justice, good health and the impacts of a quality education.

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Griffith University researchers believe cellular door dysfunction is the cause of long-misunderstood Gulf War Illness

ABC Online, Other, 14/07/2024, Janelle Miles and Emma Pollard

Up to a third of Australians who served in the Gulf War are estimated to suffer from the illness, which has never been specifically recognised in Australia. Researchers at Griffith University say dysfunctional "cell doors" could be the cause. The researchers say the findings may open up the possibility of treatments, similar to the trial of drugs to treat long COVID-19.

[Read More](#)

Could gut bacteria influence the onset and progression of dementia?

Medical Journal of Australia, Other, 15/07/2024

Gut microbes are in constant communication with the rest of our body and they define how we digest food, perform everyday tasks and how we respond to stress. Recently, they have been in the limelight for their role in diseases outside of the gut. Our research has indicated the important role that gut bacteria may have in triggering and accelerating dementia pathology.

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FIRST NATIONS HEALTH

Dying too young

Northern Territory News, General News, 15/07/2024, Jason Walls, Page 1

Men living in the Northern Territory are more than 3.5 times more likely to die young than those living in inner city Sydney, alarming new research has found. The research released by the Movember Institute of Men's Health on Monday reveals the electorate of Lingiari, which encompasses most of the NT, has the highest premature mortality rate of anywhere in Australia. story, page 10 Tailored programs key to fix problem Men living in the Northern Territory are more than 3.5 times more likely to die young than those living in inner city Sydney, alarming new research has found.

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Leading Indigenous education organisation announces new cancer scholarship program for Indigenous students

SBS, Other, 14/07/2024, Bertrand Tungandame

Conversation with Leila Smith, Aurora Education Foundation CEO about the just announced scholarships to support Indigenous health professionals and researchers to complete postgraduate studies or research in a cancer-related field. Ms. Smith also delivered a NAIDOC Week message. Cancer is the number one killer of Aboriginal and Torres Strait Islander people, however less than one per cent of health professionals identify as Indigenous.

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INTERIM AUSTRALIAN CDC

Stay healthy this cold and flu season

Shepparton News, General News, 15/07/2024, Page 2

As the cold weather sets in, the dreaded cold and flu season follows. Avoiding illness during winter can seem impossible, as colds and flu sweep through workplaces and schools. Studies show adults get two to four colds per year, while young children get six to eight. Viruses spread person-to-person in many ways; from using the same equipment to simply breathing the same air.

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THERAPEUTIC GOODS ADMINISTRATION

No relevant coverage

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OFFICE FOR DRUG CONTROL

New deadly drugs a threat

West Australian, General News, 15/07/2024, Emma Jarvis, Page 50

The latest National Wastewater Drug Monitoring Report has found record high consumption of illicit drugs around the country, and while cannabis is still the most widely used illicit drug, Australians use of harder drugs such as heroin and cocaine has soared. Regional WA had the highest consumption per capita of methamphetamine nationally in December 2023, which is of immense concern to law enforcement agencies and drug treatment providers.

Also reported by: [West Australian \(Online\)](#).

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Drug hub a solution to tackling Wagga's problem with ice

Wagga Wagga Daily Advertiser, Other, 14/07/2024, Emily Anderson

When it comes to tackling problematic drug usage, Wagga has been identified as a priority population - which is why the city has been given a new drug recovery hub. The NSW government has allocated \$4 million to for its newly launched recovery hub for delivering alcohol and other drug (AOD) services, premier Chris Minns and Health Minister Ryan Park announced.

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FOOD STANDARDS

Toddler milks unnecessary:AMA

Illawarra Mercury, General News, 15/07/2024, Page 26

Marketing guidelines for infant and toddler formulas need to be scrapped and replaced with a stricter code of practice, leading health organisations say. The Australian Medical Association (AMA) wants the voluntary, self-regulated industry agreement on the marketing of formula to be removed because it does not cover drinks for children between 12 months and three years.

Also reported by: [Border Mail \(Albury-Wodonga\)](#), [Daily Advertiser \(Wagga Wagga\)](#), [Border Mail \(Albury-Wodonga\)](#), [Daily Advertiser \(Wagga Wagga\)](#), [Canberra Times \(Online\)](#), [West Australian \(Online\)](#), [Daily Mail Australia \(Online\)](#).

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Study finds women who regularly eat ultra-processed foods are more likely to develop a debilitating autoimmune disease

Daily Mail Australia, Other, 14/07/2024, Meike Leonard

Women who regularly eat ultra-processed foods (UPFs) have a higher risk of developing a debilitating autoimmune disease, a study has suggested. In a trial, those who had a diet rich in these foods –

which are packed with artificial sweeteners and preservatives – were 56 per cent more likely to contract lupus, which leads to joint pain, skin rashes and fatigue.

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AICIS

Lead exposure concerns forces Bunnings to change product packaging

ABC Online, Other, 14/07/2024, Rory McClaren

Bunnings is changing its packaging and storage of lead products after concerns were raised about customers and workers being exposed to the material. Work safety authorities in at least three states have been liaising with unions and Bunnings, which subsequently led to the products being removed.

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