



Friday, 11th October 2024

Minister Butler | Minister Wells | Assistant Minister McBride

| Assistant Minister Kearney | Assistant Minister Thwaites | Department

| <u>Vaccines</u> | <u>Ageing and Aged Care</u> | <u>Population Health</u>

| Cancer, Hearing and Chronic Conditions | Primary Care

| Mental Health and Suicide Prevention | Chief Nursing and Midwifery Office

| Health Workforce | Technology Assessment and Access

| Medicare Benefits and Digital Health | Benefits Integrity

| Health Systems Strategies | Sport | Health Economics and Research |

First Nations Health | Interim Australian CDC | Therapeutic Goods Administration

| Office of Drug Control | Food Standards | AICIS

LINKS

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EXECUTIVE SUMMARY

- <u>The Australian</u> (page 3) reports that a new survey has revealed that a majority of Australians now believe that the government has a responsibility to support people with mental illness, with Minister for Health Mark Butler observing that the Bondi Junction tragedy earlier this year provoked a greater national discussion of support and prevention.
- The Canberra Times (page 1) reports the Department of Health was concerned about the safe transfer of e-scripts from Medisecure to a competitor and knew the company was on the risk of collapse before it was targeted by hackers, new emails released under freedom of information have shown.
- <u>The Age (page 2)</u> reports that new data from the Australian Bureau of Statistics reveals that dementia is set to overtake heart disease as the leading cause of death in Australia.
- <u>The Herald Sun</u> (page 1) reports that a poll by 730 members of the Australia and New Zealand Academy for Eating Disorders, including psychologists, dietitians, researchers and frontline carers, has blamed social media for the increasing number of young Australians being diagnosed with life-threatening conditions such as anorexia.
- <u>The Herald Sun</u> (page 3) reports that the Victorian Ambulance Union has criticised National Patient Transport after whistleblower transport officer Andrew Bishop was dismissed from the

company, with the VAU saying his actions in highlighting the fatigue faced by ambulance drivers "helped expose the serious risks faced by [...] workers across Victoria".

- <u>The Northern Territory Times</u> (page 1) reports that St John NT director of ambulance services Andrew Thomas has said there have been 140 instances of serious physical or sexual violence towards paramedics in the territory over the last year, and follows an attack on a worker in Alice Springs on Wednesday night.
- <u>The Courier Mail</u> (page 4) reports that a 14-year-old Bundaberg girl who experienced bullying in person and on social media has taken her own life, and follows efforts by the girl's mother to get assistance for her daughter's mental health.
- <u>The Hobart Mercury</u> (page 3) reports that new research by the e61 Institute has revealed 15 per cent of working Australians are now employed in the care economy, with wages in the sector having increased by 50 per cent since 2010.
- <u>ABC News Online</u> reports that Queensland's LNP is expected to encounter challenges to its abortion policy if it forms government after this month's state election, with Katter's Australian Party (KAP) leader Robbie Katter saying his party will put an abortion repeal bill back into Queensland parliament as "quick as you like".
- <u>The Canberra Times</u> (page 7) reports that ACT's Opposition Leader Elizabeth Lee has said she will not seek to change the forthcoming voluntary assisted dying scheme if the Liberals win this month's election, despite moves by the party to make amendments to the scheme before they passed the Legislative Assembly in June.
- <u>The Courier Mail</u> (page 9) reports that Queensland Premier Steven Miles has said pharmacists will be permitted to dispense scripts for hormonal contraception and other simple issues if Labor wins this month's state election.
- <u>The Courier Mail</u> (page 10) reports that the Queensland government has pledged \$20 million to upgrade the Mareeba Hospital in the Far North, with Health Minister Health Minister Shannon Fentiman saying the hospital would require a "much bigger and newer emergency department".

MINISTER BUTLER

Mental health a key poll issue

The Australian, General News, 11/10/2024, James Dowling, Page 3

New data shows Australians have undergone a shift in their views of severe mental health conditions following the Bondi Junction stabbing tragedy in April, with the majority believing governments have a responsibility to take greater care of the mentally ill. [...] "There's no doubt the tragedy of Bondi Junction really did enliven a much sharper national discussion to support people with mental illness and prevent people falling through those gaps," federal Health Minister Mark Butler said.

Also reported by: The Australian (Online)

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Life saving mission

Border Watch, General News, 11/10/2024, Sophie Conlon, Page 1

Councillor Kate Amoroso brought the idea forward at council's September 17 meeting after she was made aware of a shortage during a recent trip to the hospital. [...] Originally the motion only called for letters to be sent to federal Minister for Health and Aged Care Mark Butler and state Minister for Health and Wellbeing Chris Picton, however at Cr Jenner's suggestion they would also send letters to Australian Red Cross, Lifeblood.

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More GPs and increase in bulk billing, part of good report card for Tasmania's general practice

The Mercury, Other, 10/10/2024, Genevieve Holding

The head of Tasmania's GP body has celebrated the improvements in general practice shown in a new

report, but says continued funding is needed to grow them. [...] RACGP Tasmania chair Dr Toby Gardner was in Canberra for the launch of the 2024 report on Tuesday, sharing Tasmania's GP insights with the federal health minister Mark Butler and other health counterparts.

Also reported by: <u>Adelaide Now (Online)</u>, <u>Daily Telegraph Australia (Online)</u>, <u>Townsville Bulletin (Online)</u>, <u>Geelong Advertiser (Online)</u>, <u>Northern Territory News (Online)</u>, <u>Herald Sun (Online)</u>, <u>The Courier Mail (Online)</u>

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The Health Wrap: a big gap in the 'cost of living' debate, prevention and primary care reform matters, and some uplifting news

Croakey, Other, 10/10/2024, Melissa Sweet

It's shocking that initial findings from the Senate Select Committee on the Cost of Living do not mention healthcare costs, according to health policy analyst Dr Lesley Russell. [...] In August Health Minister Mark Butler said , with reference to GP bulk billing rates, "We are starting to see those green shoots of recovery."

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Hurricane Milton underscores urgent calls for climate action as future of humanity "hangs in the balance"

Croakey, Other, 11/10/2024, Melissa Sweet

Australian health leaders, horrified by the force and devastation of Hurricane Milton, have called urgently for fossil fuels to be phased out, and for rapid investment in climate adaptation, especially for health systems. [...] Isles called on the Albanese Government to invest properly in the Health National Adaptation Plan, announced by Health and Aged Care Minister Mark Butler.

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Health boss announces departure

Pharma In Focus, Other, 10/10/2024

One of the most high-profile Health Department figures during the COVID-19 pandemic, Professor Paul Kelly, has announced his will retire as Australia's Chief Medical Officer (CMO) later this month. Kelly, who is also head of the interim Australian Centre for Disease Control (CDC), will finish up in the job on 21 October. Health and Aged Care Minister Mark Butler said Kelly's successor will be confirmed at a later time.

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Triple J, Hack, 10/10/2024, Dave Marchese

Compere mentions that if people are living in Vic, then it's likely every week they would hear a tobacco shop being firebombed. He states that there are now more than 100 fires linked to Vic's illicit tobacco wars. Compere plays an excerpt from Health Minister Mark Butler who mentioned that Government levies excise on tobacco are advised through deep consultation with public health experts and tobacco control experts.

Play Now

ABC Radio Sydney, Breakfast, 10/10/2024, Craig Reucassel

Interview with Federal Health Minister Mark Butler. Compere mentions that 10 October is World Mental Health Day. Butler admits that there is a mental health crisis in Australia, but he believes that the issue has recently arrived. He explains that they have seen a steady and substantial rise in mental distress in the country for 20 years now, particularly among young people, but there are also adults affected by this.

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Back to Top

Government invests \$13M in ARIIA with aim of improving Home Care workforce capability

The Weekly Source, Other, 10/10/2024, Caroline Egan

The Minister for Aged Care, Anika Wells, has announced a further \$13 million investment in Aged Care Research and Industry Innovation Australia (ARIIA) over two years to help the organisation develop models to improve workforce capability, with a focus on Home Care, and establish an Aged Care Innovation Network and Community of Practice.

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New care minute targets out of reach of aged care providers: ACCPA

The Weekly Source, Other, 10/10/2024, Caroline Egan

The "ongoing workforce crisis will hamper the ability of some providers to reach increased [care minute] targets", Roald Versteeg, ACCPA General Manager Policy and Advocacy, told The SOURCE on Wednesday. [...] Last week, the Minister for Aged Care Anika Wells wrote to providers warning the Aged Care Quality and Safety Commission will use the full extent of its powers against providers not making genuine efforts to meet the targets.

Read More

Back to Top

ASSISTANT MINISTER MCBRIDE

Volunteering superstars in the limelight at awards

Coast Community Pelican Post, General News, 10/10/2024, Page 5

The award was announced last Thursday, October 3 at Mingara Events Centre as part of the 2024 NSW Volunteer of the Year Awards. [...] At rear: Federal Member for Dobell Emma McBride, Member for Terrigal Adam Crouch, Duncan Bennet, Minister for Central Coast and Member for Wyong David Harris, Richard Stark from Beyond Bank

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Fee-free TAFE courses open new pathways

Coast Community Pelican Post, General News, 10/10/2024, Page 29

Coinciding with national TAFE Day, Member for Dobell Emma McBride welcomed the news that more than 500,000 people have enrolled in a fee-free TAFE course across Australia. [...] So far this year there have been more than 120,800 enrolments in the care sector, 45,800 enrolments in the technology and digital sector, 32,100 enrolments in the construction sector and 31,900 enrolments in the early childhood education and care sector.

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<u>Back to Top</u>

ASSISTANT MINISTER KEARNEY

ABC News, Afternoon Briefing, 10/10/2024, Melissa Clarke

Panel discussion with Ged Kearney, Assistant Minister for Health and Education, and Anne Ruston, Shadow Minister for Health, Aged Care, and Sport. Compere mentions some interesting news from the Royal Australian College of GPs wherein they've had a report looking at the health of the nation and there's been some really interesting details in bulk billing, namely an increase. Ruston says when they were in Government, bulk billing rates were significantly higher than they are now. Kearney says that the number of billing clinics might have decreased but, they should look at the number of individual attendances that are bulk billed.

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Back to Top

ASSISTANT MINISTER THWAITES

Federal redistribution reshapes Menzies

Warrandyte Diary, General News, 01/10/2024, Nicole Werner, Page 4

As of October 17, many of you may soon be in a new federal electorate, represented by a new MP in the Australian Parliament. [...] Finally, for those of you north of the river, you are now in the electorate of Jagajaga, represented by Kate Thwaites, who has been a member of Parliament since 2019.

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<u>Back to Top</u>

DEPARTMENT

MediSecure frailties

Canberra Times, General News, 11/10/2024, Eleanor Campbell, Page 1

The Department of Health was aware MediSecure was on the brink of financial collapse and had concerns about the safe transfer of escripts a year before hackers broke into the company's systems and stole the data of nearly 13 million people. Documents released under freedom of information have shown extensive backand-forth communications between senior department officials and the now-defunct e-script company between 2020 and 2023.

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Aged care law reform and what can it mean for everyone

Bundaberg Today, General News, 11/10/2024, Jo Leveritt, Page 26

The 1 October marked the International Day of Older Persons, and this year's theme is Ageing with Dignity: The Importance of Strengthening Care and Support Systems for Older Persons Worldwide. [...] Further Information The Australian Government's Department of Health and Aged Care provides comprehensive resources for those seeking more detailed information about these aged care reforms.

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Elaine's special accolade

Irrigator, General News, 11/10/2024, Talia Pattison, Page 5

Leeton's Elaine Bush is one of those rare people - the kind of person who dedicates her everyday life to helping others. A lifelong Leeton resident, Ms Bush spends four mornings a week volunteering her time at the RFBI Leeton Masonic Village. [...] Federal deputy secretary for ageing and aged care Michael Lye presents Leeton's Elaine Bush with her award. Picture by Grace Costa.

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Support your children, but don't forget about yourself

Stanthorpe Today, General News, 10/10/2024, Page 10

This World Mental Health Day (10 October), advocates from the Triple P Positive Parenting Program are emphasising the need for parents and carers to support their children's wellbeing along with their own, to help combat Australia's growing mental health crisis. [...] Delivery of the Triple P Positive Parenting Program to parents and carers of children in Australia is supported by funding from the Australian Government Department of Health and Aged Care under the Parenting Education and Support Program.

Also reported by: SE Voice (None)

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Everything you need to know about the new Covid variant in Australia

The Courier Mail, Other, 10/10/2024, Adrienne Tam

The XEC strain has been detected in 29 countries, with scientists saying it could become the dominant Covid variant. [...] According to the Department of Health and Aged Care, if you test positive, you

should not visit high-risk settings like hospitals and aged and disability care settings for at least seven days or until symptoms have gone or unless seeking immediate medical care.

Also reported by: Adelaide Now (Online).

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Feedback wanted on Support at Home pricing

Australian Ageing Agenda, Other, 10/10/2024, Jodie Wolf

The Independent Health and Aged Care Pricing Authority is calling on aged care workers, providers, peak bodies and other stakeholders to share their views on the service list pricing for the new in-home care program. [...] As more information on the cost of delivering services becomes available, including through ongoing research and the input of stakeholders, IHACPA has pledged to hone its pricing advice and delve into future priorities while the Department of Health and Aged Care will remain responsible for aged care policy, including the funding of in-home support services, as system operators.

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Shortages lead to new mental health placements on campus | World Mental Health Day

RMIT University, Other, 10/10/2024

The federal health department last year released the Mental Health Workforce – Educational Institutes Review which highlighted that there are already significant difficulties in securing placements for mental health students, before any future increase of students – which is needed to grow the sector. Mish Eastman, RMIT Deputy Vice-Chancellor Vocational Education and Vice-President, said building a strong mental health workforce is essential to ensure accessible and effective care for all.

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The repercussions of a need for 6,600 new aged care beds in FY24: Colliers

The Weekly Source, Other, 10/10/2024, Caroline Egan

The Australian aged care sector only gained 2,224 residential aged care places in 2023-24, a 1% increase on the 1,502 added in 2022-23. [...] The report estimates the shortfall in 2023-24 was 6,600 residential aged care places. As a result of the shortfall, occupancy levels increased to 87.7 per cent in the March quarter 2024, an increase of 1.7 percentage points compared with the same period the previous year, according to the Department of Health and Aged Care.

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\$3.9m ad campaign to raise profile of Government's under fire Star Ratings

The Weekly Source, Other, 10/10/2024, Caroline Egan

The Department of Health and Aged Care has launched a 30-second advertising campaign to raise awareness of the Star Rating system for residential aged care. A spokesperson for the Department of Health and Aged Care told The SOURCE, the \$3.9 million campaign "is targeting older people and their support networks (friends, family and carers), to raise awareness of Star Ratings as a helpful guide to assist in the early stages of residential aged care planning.

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Home Care spending on banned items costing \$70.5m per year

The Weekly Source, Other, 10/10/2024, Caroline Egan

Nearly one in 10 recipients of Home Care services are purchasing excluded items, including iphones, Uber rides, hair dressing services, landscaping, roof repairs, and massage rollers, according to a review by the Department of Health and Aged Care (DOHAC). The review, which has been published in the ' Home Care Package Program Assurance Report ' released this week, found 160 care recipients, out of 1,824 who had their monthly statements from between April and June 2023 reviewed, were found to have claimed items on excluded items , with a total value of \$124,466.

WIN Wollongong, WIN News, 10/10/2024, Bruce Roberts

The Commonwealth's Immunisation Body is recommending up to 95 per cent of adults be vaccinated against a handful of diseases. A spokesperson says the Department of Health and Aged Care is planning to undertake a financial sustainability review of the National Immunisation Programme, focusing on the broad economic benefit of all recommended vaccines for Australians.

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Back to Top

VACCINES

How can we improve public health communication for the next pandemic? Tackling distrust and misinformation is key

Aged Care Insite, Other, 10/10/2024, Rebecca Ryan & Shauna Hurley

A key theme emerging in analysis of the COVID pandemic globally is public trust – or lack thereof – in governments, public institutions and science. Mounting evidence suggests levels of trust in government were directly proportional to fewer COVID infections and higher vaccination rates across the world.

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XEC is now in Australia. Here's what we know about this hybrid COVID variant

Medicine Today, Other, 10/10/2024, Lara Herrero

Over the nearly five years since COVID first emerged, you'd be forgiven if you've lost track of the number of new variants we've seen. Some have had a bigger impact than others, but virologists have documented thousands. The latest variant to make headlines is called XEC. This omicron subvariant has been reported predominantly in the northern hemisphere, but it has now been detected in Australia too.

Read More

Back to Top

AGEING AND AGED CARE

Dementia on track to be biggest killer

Age, General News, 11/10/2024, Shane Wright, Page 2

Dementia is poised to become the nation's biggest killer as medical advances and an ageing population transform the way we die. Figures from the Australian Bureau of Statistics show heart disease the leading cause of death for Australians since at least the 1960s is about to be replaced by dementia, including Alzheimer's disease.

Also reported by: <u>Sydney Morning Herald (Sydney)</u>, <u>Sydney Morning Herald (Online)</u>, <u>Sydney Morning Herald</u> (<u>Online</u>)

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Dementia soon our No.1 killer

Herald Sun, General News, 11/10/2024, Sarah Booth, Page 7

Australia's leading cause of death is set to change for the first time since 1968, after medical advancements boosted survival rates for one disease and indirectly increased another's prevalence. New ABS data shows ischaemic heart disease was still the biggest killer (9.2 per cent of deaths) in 2023, but our ageing population saw dementia listed as the second most common cause, but only by less than 250 cases.

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Dementia on course to be biggest killer

West Australian, General News, 11/10/2024, Rebecca Parish, Page 4

An ageing population and advancements in healthcare have put dementia on course to overtake heart disease as the leading cause of death in Australia. New statistics show the gap between dementia and heart disease deaths are now closer than ever before with just 250 deaths separating the two in 2023.

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Rapid rise in care economy workers

Hobart Mercury, General News, 11/10/2024, Page 3

The rapidly growing care economy now employs 15 per cent of working Australians. [...] The research also found that since 2010, wages in the care sector have grown faster than all other industries except utilities and energy increasing 50 per cent.

Also reported by: Toowoomba Chronicle (Toowoomba)

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Q and A with Dr Shirley Bowen

Medical Forum, General News, 01/10/2024, Shirley Bowen, Page 15

Dr Shirley Bowen took over the role of Department of Health Director General five months ago. She shares with Medical Forum some of her visions for the sector and answers some key questions that her department faces in the coming years. My passion for person-centred care has inspired and motivated me every day of my 30-plus years in medicine. Excellent and compassionate healthcare should be available to everyone.

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Alzheimer's at 50: Jim shares his experience

The Senior - QLD, General News, 01/10/2024, Eileen Wood, Page 3

What must it be like to get a diagnosis of Alzheimer's Disease when you are in your 50s and you have the world at your feet, a great career, great life, a loving family? It's not much of a stretch to imagine that it's shocking, unreal, terrifying, and isolating, and it happened to Queensland journalist Jim Rogers.

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Tech to help in-home care

The Senior - QLD, General News, 01/10/2024, Eileen Wood, Page 7

A new framework has been developed to help guide inhome aged care providers as they plan and deliver technology-supported services. Developed through a partnership between the National Ageing Research Institute (NARI) and home care provider, Silverchain, the Framework for Enabling Technology Supported Aged Care at Home provides a practical step-by-step guide for in-home aged care providers on how best to implement digital technologies when in provider everyday service delivery.

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Thankfully, living at home until the end looks possible for more Australians

Australian Financial Review, Other, 10/10/2024, Bina Brown

Recent increases in the potential daily costs of residential aged care are just the start of what's to come following an overhaul of the aged care system announced last month.

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Dementia is on course to be the biggest killer in Australia, on course to overtake heart disease

West Australian, Other, 10/10/2024, Rebecca Parish

An ageing population and advancements in healthcare have put dementia on course to overtake heart disease as the leading cause of death in Australia. New statistics show the gap between dementia and heart disease deaths are now closer than ever before with just 250 deaths separating the two in 2023.

22 million hours of support since 2014: Mable celebrates 10th

Dementia leads as top cause of death in three states, affecting women most

Canberra Times, Other, 10/10/2024, Gwen Liu

Dementia has become the leading cause of death in New South Wales for the first time, joining the Australian Capital Territory and South Australia. The latest data from the Australian Bureau of Statistics (ABS) shows dementia, including Alzheimer's disease, was the second leading cause of death in Australia, with 16,685 deaths in 2023.

Also reported by: Wagga Wagga Daily Advertiser (Online), Illawarra Mercury (Online), Newcastle Herald (Online), Bathurst Western Advocate (Online), Daily Liberal (Online), The Border Mail (Online).

Dementia set to become Australia's leading cause of death

The Guardian, Other, 10/10/2024, Sharlotte Thou

Dementia is on the brink of overtaking heart disease as the leading cause of death in Australia, according to the Australian Bureau of Statistics, which says the 250 deaths between the two conditions are "the closest they have ever been". In 2023, which recorded 183,131 deaths nationally, the five leading causes of death were heart disease, dementia (including Alzheimers), cerebrovascular disease, lung cancer and chronic lower respiratory disease,

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Dementia set to become our number one killer as COVID takes back seat

The New Daily, Other, 10/10/2024, John Elder

Lauren Moran, ABS head of mortality statistics, said that dementia has been the leading cause of death for women since 2016, making up 12.2 per cent of female deaths and 6.4 per cent of male deaths in 2023. "Women have longer life expectancies than men and as such are more likely to live to an age when they have a heightened risk of developing dementia," she said.

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Apartment complex for Bendigo Hospital essential workers has \$36m price hopes

NEWS.com.au, Other, 10/10/2024, Peter Farago

A purpose-built residential complex housing essential workers for a major regional Victorian hospital is offered for sale as a long-term tenanted investment. The property comprising 120 apartments is leased to Bendigo Health until March 2044, ensuring a secure lease term of 19.46 years.

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Australians over 50 being warned to take care of their bones

SBS, Other, 10/10/2024

Australians over 50 years old are being warned to take care of their bones, after a new report has found over two in three Australians from that age bracket live with poor bone health. The report, released by Healthy Bones Australia, also sheds light on the links between increasing numbers of bone density diseases and the growing economic burden on the health system.

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Groundbreaking plan to transform dementia care in Australia to be unveiled

The Senior, Other, 10/10/2024, Rowan Cowley

It takes a village to raise a child, and village to support the elderly in decline, according to groundbreaking new plan that's been 10 year in the making. Dementia-friendly public spaces and services, and training for first responders are among the key recommendations from the new National Dementia Action Plan set to be released by the federal government by the end of the year.

anniversary as it looks to future growth

The Weekly Source, Other, 10/10/2024, Lauren Broomham

A decade after being founded by Peter Scutt and Tony Charara as Better Caring, the profit-for-purpose aged care and disability support worker platform has marked the occasion by unveiling a new mural designed by a member of its community at its Sydney office. Tony, now the CEO, told the audience at an event to mark the occasion that the provider is now providing the same level of hours in one month as it provided in 12 months seven years ago, with 22 million hours of support received by clients since 2014.

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\$65M redevelopment of Abel Tasman Village aged care home in Sydney's west a step closer

The Weekly Source, Other, 10/10/2024, Caroline Egan

Rezoning on the site of the aged care facility in Chester Hill, 25km west of the Sydney CBD, which will allow the development of high-density residential buildings, brings redevelopment of Abel Tasman Village one step closer. Abel Tasman Village is proposing to demolish its existing aged care home and build five new buildings on the 12,738sqm site.

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Reform timeline keeping aged care providers awake at night: Senate Inquiry told repeatedly

The Weekly Source, Other, 10/10/2024, Caroline Egan

Aged care providers want more time to implement aged care reforms, due to roll out in only eight months' time, and for the Government to fund the huge cost of implementing the changes, Senate Inquiry hearings and submissions have revealed. Alice Warrington, CEO of Community Based Support in Tasmania, which has 300 staff providing support to 5,000 Home Care clients, told last Friday's Senate Inquiry hearing in Hobart the reform timeframes are keeping her awake at night.

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Staff in line for payment after Aegis Health admits to underpaying workers

The Weekly Source, Other, 10/10/2024, Caroline Egan

The private aged care operator, which has 30 homes in Perth and in the south west of Western Australia, has launched a review of its employee entitlements after admitting to underpaying workers. In April 2023, the United Workers Union informed Aegis it believed some of its employees had been receiving a casual loading when they were entitled to overtime pay.

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NSW Govt appoints Taylor Construction to build a new \$34m Multipurpose Service in Blayney, west of Sydney

The Weekly Source, Other, 10/10/2024, Caroline Egan

The Blayney MPS redevelopment project is part of the NSW Government's \$297 million MPS program , aimed at providing health and aged care services in regional, rural and remote communities that cannot support both a hospital and separate aged care home. There are 66 MPS across eight local health districts in NSW.

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Perth-based Juniper's Annesley Transition Care facility expected to fill within 10 days

The Weekly Source, Other, 10/10/2024, Caroline Egan

Juniper welcomed the first residents to its 16-bed Juniper Annesley Transition Care Program (TCP) facility on 1 October, and expects the home to be filled by today. Annesley TCP, built by Cooper and Oxley, is a refurbishment of a wing of the existing Juniper Annesley Residential Aged Care Home in Bentley, 8km south of Perth's CBD.

POPULATION HEALTH

Right to strife: Crisafulli vulnerable on abortion

Courier Mail, General News, 11/10/2024, Paul Williams, Page 23

The Queensland election campaign just took a turn Liberal-National Party leader David Crisafulli hoped it would never take. By introducing the possibility of restricting or even repealing Labor's popular abortion laws via a private member's bill, Robbie Katter of Katter's Australian Party (KAP) just set a cat among some very worried LNP pigeons.

Also reported by: <u>Townsville Bulletin (Online)</u>, <u>Gold Coast Bulletin (Online)</u>, <u>The Courier Mail (Online)</u>, <u>Toowoomba Chronicle (Online)</u>

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The 'bone explosion' that shattered an Olympic champion

Canberra Times, General News, 11/10/2024, Page 16

Two-thirds of Australians aged over 50 have poor bone health, with the number living with osteoporosis soaring in the past decade. More than three quarters of older Australians have osteopenia, or low bone density, and 23 per cent have osteoporosis. In the past decade 6.2 million, or 67 per cent, of Australians over 50 are living with poor bone health - a 34 per cent increase from the 2012 report. This is projected to increase to 7.7 million living with osteopenia, or osteoporosis by 2033.

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Keep watch around the water

Daily Advertiser, General News, 11/10/2024, Justin Scarr, Page 11

Tragically, every year in Australia we lose on average 20 young children to drowning, with half of all drowning deaths in young children occurring in backyard swimming pools. The majority are aged just one year old. This is because the risk of drowning triples at the age of one year, when children become more mobile.

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Methane responsible for a range of ills

Newcastle Herald, General News, 11/10/2024, Matthew Kelly, Page 4

Doctors have issued a stark warning about the health impacts of exposure to methane following revelations that the Upper Hunter has some of the highest concentrations of the toxic gas in Australia. Preliminary data from the monitoring platform Open Methane - which uses satellite-based measurements and ground-based verification to track emissions - estimates methane levels could be twice as high as what are currently reported.

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Call for health-led subsidies on GF food

Medical Forum, General News, 01/10/2024, Page 19

According to Coeliac Australia (CA), about one in 70 Australians have coeliac disease, but only 20% of that number are diagnosed. This means the majority of people who have coeliac disease don't yet know it. Long-term health problems such as osteoporosis, liver disease, infertility and a higher chance of developing other autoimmune conditions, can occur if a diagnosis of coeliac disease is overlooked or delayed.

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Managing foot pain causes and investigations

Medical Forum, General News, 01/10/2024, Dan Marshall, Page 42

Foot pain is a prevalent issue affecting people of all ages and lifestyles. Given the complexity of the foot's structure, which comprises 26 bones, 33 joints, and over 100 muscles, tendons, and ligaments,

questions about abortion on Wednesday alone. Also reported by: <u>Illawarra Mercury (Online)</u>, <u>The Senior (Online)</u>, <u>Newcastle Herald (Online)</u>, <u>Daily Mail</u>

Opposition leader David Crisafulli has repeatedly promised not to change the laws after abortion was decriminalised in Queensland in 2018, reiterating his stance alongside attorney-general spokesman Tim Nicholls on Thursday. He has been tested on the subject by a travelling media pack, enduring 39

<u>Australia (Online), West Australian (Online)</u>

Drinking in public to become a crime again in territory

Pressure mounts on man tipped to lead Sunshine State

Canberra Times, Other, 10/10/2024, Fraser Barton & Savannah Meacham

Canberra Times, Other, 10/10/2024, Amanda Parkinson

Public drunkenness may become a crime in the Northern Territory as the government plans to wind back recommendations from the Aboriginal deaths in custody royal commission. Chief Minister Lia Finocchiaro is reintroducing laws that will give police the powers to search and arrest people drinking in public, while also reducing the cost of alcohol.

Also reported by: <u>Illawarra Mercury (Online)</u>, <u>The Border Mail (Online)</u>, <u>Daily Mail Australia (Online)</u>, <u>Newcastle</u> <u>Herald (Online)</u>

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NT government set to bring in a new 'nuisance' public drinking law allowing police to arrest and issue fines

ABC Online, Other, 10/10/2024, Annabel Bowles

People drinking alcohol in public could be fined more than \$900 and arrested under new "nuisance public drinking" rules set to become law in the Northern Territory next week. The NT's Country Liberal Party government will introduce the new offence when parliament returns on Tuesday, as part of an "enormous" raft of legislation pitched towards community safety and crime reduction.

Read More

Did Katter's Australian Party just make abortion a Queensland election issue?

ABC Online, Other, 10/10/2024, Matt Eaton

Abortion will almost certainly become an issue in Queensland parliament again if an LNP government is elected later this month. Less than a decade after it was decriminalised, the debate this time would

'Problem' scars: keloids, acne and harm scars

surprising that many people experience foot pain at some point in their lives.

Medical Forum, General News, 01/10/2024, Helen Douglas, Suzanne Rea & Anna Goodwin-Walters, Page 48 Harm scars are very common. In 2023, there were almost 25,000 hospital admissions in Australia for intentional self-harm, and it is estimated that only 10 per cent of all cases are recorded. These injuries are more frequent in younger people, however, older people often seek improvement of scars that were created when they were younger.

with up to five times the load of the patient's body weight going through the foot and ankle, it's not

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The Conversation: An unbroken night's sleep is a myth — here's what good sleep looks like

West Australian, Other, 10/10/2024, Amber Cekerevac

As an adult, our sleep moves through and brief awakenings during the night. Sleep cycles last roughly 90 minutes each. We typically start the night with lighter sleep before moving into deeper sleep stages, and rising again into rapid eye movement (REM) sleep — the stage of sleep often linked to vivid dreaming.

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A report has revealed a 34 per cent jump in cases in recent years, costing Australia billions of dollars,

A facture every 30 seconds: Bone health laid bare

Royal Australian College of General Practitioners, Other, 10/10/2024, Chelsea Heaney

What is monosodium glutamate, how does it enhance flavour, and is MSG safe to eat?

ABC Online, Other, 10/10/2024, Kelly Wong

Munch on a packet of chips, slurp up a bowl of noodles, or tuck into a salami sandwich, and there's a good chance you're also eating monosodium glutamate. Over the decades, monosodium glutamate — better known as MSG — has found its way into many foods as a flavour enhancer.

Drinking coffee while pregnant may not be bad, study finds

9News, Other, 10/10/2024, Emily Bennett

Drinking coffee during pregnancy may not be bad for a baby's brain development, according to a new Australian study. The study led by the University of Queensland has found no link between coffee consumption and any difficulties in a child's brain development.

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Hay fever springs sooner as Australia heats up

Geelong Advertiser, Other, 10/10/2024, Mandeep Singh

Allergic rhinitis, commonly known as hay fever, affects around one in four Australians. It occurs when allergens like pollen, dust, or mould come into contact with the body, triggering an allergic reaction.

Also reported by: Townsville Bulletin (Online), Toowoomba Chronicle (Online).

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Australia's 'worrying' life expectancy trend

SBS, Other, 10/10/2024, Sergey Timonin & Tim Adair

Australia has one of the highest life expectancy rates in the world, but this won't always be the case if current trends continue, a new study has warned. Global life expectancy has increased dramatically over the past century, with Australia among the best-performing countries.

Read More

Northern Territory's peak alcohol body urges government to maintain minimum unit pricing

National Indigenous Times, Other, 10/10/2024, Dechlan Brennan

The peak body for Alcohol and Other Drugs treatment services in the Northern Territory has called on the new CLP government to retain minimum unit pricing, arguing it is an evidence-based policy to maintain community safety. Alcohol-attributed death rates for Indigenous Territorians are ten times higher than the national average, and the Association of Alcohol and Other Drug Agencies Northern Territory (AADANT) has become the latest organisation to call on the new government to retain minimum unit pricing.

Read More

NSW vape audit

Pharmacy Daily, Other, 10/10/2024

From the start of this month, certain nicotine vaping and e-cigarette products have been downscheduled to Schedule 3 (S3), allowing pharmacists to supply them without a prescription. In response, insurer Pharmaceutical Defence Limited has issued guidance titled 'Schedule 3 Supply of Therapeutic Vaping Products'to help pharmacists navigate this change.

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be about whether to reinstate abortion as a criminal offence.

and it is GPs at the coalface of this rise in demand for care. The latest data projects there will be 7.7 million people living with osteopenia or osteoporosis in Australia by 2033.

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Back to Top

CANCER, HEARING AND CHRONIC CONDITIONS

Time to check

Border Watch, General News, 11/10/2024, Page 1

Mount Gambier Breast Cancer Awareness Group president Jill Gilmore is encouraging people to "check their boobies" this Breast Cancer Awareness Month. "If there is anything abnormal, see a doctor because most times it is nothing but if in doubt get checked," she said. [...] For more information on breast cancer awareness visit the Cancer Australia website or the My Journey - Breast Cancer Network Australia's online tool for information tailored to individual diagnosis.

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Celebrating 30 years of support and research

Border Watch, General News, 11/10/2024, Page 54

The National Breast Cancer Foundation (NBCF), the largest not-for-profit funder of breast cancer research in Australia committed to ending deaths from cancer, is celebrated its 30th anniversary in 2024. Since 1994, the foundation has invested \$232 million in 642 projects.

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What to expect at your breast screen

Border Watch, General News, 11/10/2024, Page 55

Breast cancer screening is available to all asymptomatic women from age 40. Two yearly screening is primarily recommended for all women aged 50 to 74, and women with a strong family history of breast cancer are encouraged to screen from age 40.

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Upskilling on chronic airway disease

Medical Forum, General News, 01/10/2024, Page 4

Primary healthcare professionals will now have access to free online education packages to upskill on essential respiratory topics of breathlessness, COPD and asthma. The project, funded by the Australian Government, is delivered by the Lung Learning Partnership of the Lung Foundation Australia, the Thoracic Society of Australia and New Zealand and Asthma Australia.

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Caution over asthma 60-day meds

Medical Forum, General News, 01/10/2024, Page 4

The move to allow 60-day prescriptions of more than 70 asthma medications has divided asthma expert groups. [...] But National Asthma Council Australia issued a caution regarding the inclusion of the asthma medications on the 60-day list, saying that while it supported cheaper medicines for consumers, that needed to be balanced with the necessity for vigilance around medication expiry and wastage.

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SunSmart a lifesaver

Medical Forum, General News, 01/10/2024, Page 6

Cancer Council WA has released a new study showing its SunSmart program is saving money as well as lives. Published in Health Promotion International, the research confirms the SunSmart program is expected to prevent 300,0000 skin cancers, save 1000 lives and return \$8.70 to the public purse for every dollar spent over the next 20 years.

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Healing crystals

Medical Forum, General News, 01/10/2024, Page 9

Australia's first pulsed thulium crystal laser has helped more than 200 WA urology patients in its first year of operation. Since acquiring the laser, surgeons at St John of God Murdoch Hospital have helped 233 patients with kidney stones, enlarged prostates and other urological conditions spend fewer minutes under anaesthesia, and be on the road to recovery sooner.

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Getting the data right on prostate cancer

Medical Forum, General News, 01/10/2024, Cathy O'Leary, Page 30

Amid concerns about a dramatic increase of prostate cancer diagnoses across the globe, Australian efforts are underway for a database to guide better treatment. An inevitable global surge in prostate cancer is coming, according to experts, with a worldwide doubling of cases to 2.9 million and an 85 per cent increase in deaths to nearly 700,000 by the year 2040.

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Blood flow is a weighty issue

Medical Forum, General News, 01/10/2024, Ross Baker, Page 32

Blood is vital to the body, but expert Professor Ross Baker says the dire impact of obesity on blood flow needs to be stressed more to patients. In Australia, two-thirds of adults aged 18 and over are either overweight or obese.

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Head impact conclusions queried

Medical Forum, General News, 01/10/2024, Page 43

A WA report has raised questions about the evidence in relation to the condition termed chronic traumatic encephalopathy neuropathological change. Dr Lauren Fortington, an injury epidemiologist from Edith Cowan University, and a team of international researchers have queried the findings of a wellpublicised 2022 article which claimed, "convincing evidence of a causal relationship between repetitive head impacts (RHI) and CTE."

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Breast cancer in young in the spotlight

Medical Forum, General News, 01/10/2024, Page 48

Breast Cancer Trials research group has just opened a MRFF funded trial to test the drug olaparib's effectiveness in preventing breast cancer recurring in young women, particularly those with hormone receptor-positive HER2-negative early breast cancers. Researchers are looking at whether olaparib or in combination with durvalumab can disrupt the tumour's DNA repair process.

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Imagion raises \$3m to advance MagSense cancer diagnosis platform

Daily Telegraph Australia, Other, 10/10/2024

Imagion Biosystems has received firm commitments for \$3m in a capital raising to advance clinical development of its MagSense platform technology, designed to revolutionise cancer diagnosis by introducing molecular imaging to MRI. Imagion Biosystems (ASX:IBX) said it would raise \$3m in new working capital through the placement of new fully paid ordinary shares and options to sophisticated and professional investors.

Also reported by: <u>Cairns Post (Online)</u>, <u>Northern Territory News (Online)</u>, <u>Adelaide Now (Online)</u>, <u>The Mercury</u> (<u>Online</u>), <u>The Courier Mail (Online</u>), <u>The Australian (Online</u>)

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WBBL star Georgia Redmayne leads groundbreaking skin cancer study in cricket

Daily Telegraph Australia, Other, 10/10/2024, Daniel Cherny

Queensland and Brisbane Heat wicketkeeper-batter Georgia Redmayne, who is also a qualified doctor, is working with Cricket Australia and the Australian Cricketers' Association to collate data from former and current cricketers in a bid to better understand the risks posed sun exposure while playing the sport.

Also reported by: <u>Gold Coast Bulletin (Online)</u>, <u>The Mercury (Online)</u>, <u>Toowoomba Chronicle (Online)</u>, <u>Northern</u> <u>Territory News (Online)</u>, <u>Townsville Bulletin (Online)</u>, <u>The Courier Mail (Online)</u>

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Canberra Liberals promise diabetes prevention campaign

Canberra Times, Other, 10/10/2024, Lucy Bladen

A diabetes prevention and awareness campaign for the ACT would be funded if the Canberra Liberals win the election later this month. The party has committed \$3.4 million to a preventative health program and \$1 million to an education campaign focused on increasing awareness of gestational diabetes.

Read More

After surviving the 'silent killer' Bec now advocates for health checkups

The Border Mail, Other, 10/10/2024, Sophie Else

Though her aunt had died from an aneurysm, she didn't fully understand what it meant until she was faced with the diagnosis herself. "Everything happened quite quickly from that point," she said.

Read More

Kellie Finlayson was diagnosed with stage 4 bowel cancer at 25. She told us what's happened since.

Mamamia, Other, 10/10/2024, Erin Docherty

At just 25, Kellie Finlayson's life was turned upside down. After experiencing symptoms of discomfort in her stomach from age 23, she sought the help of a naturopath and a GP who sent her for further testing.

Read More

Breast self-check a must

Pharmacy Daily, Other, 10/10/2024

Regular self-examinations are critical for the early detection and treatment of breast cancer, and one breast surgeon, Associate Professor Sanjar Warrier has developed a method to help women during the process. Dubbed the 'look, lift, feel'method, women are required to stand in front of a mirror, shoulders straight and arms on hips, to look for any changes in size, shape or symmetry of their breasts.

Read More

PM's top prize for cancer drug success

Pharmacy Daily, Other, 10/10/2024

Synthesis BioVentures' founder, Prof Andrew Wilks, has been awarded the 2024 Prime Minister's Prize for Innovation in Science for his work in drug development, particularly the invention of momelotinib. Along with co-inventor Dr Chris Burns, Prof Wilks created the JAK inhibitor that treats myelofibrosis, a form of bone marrow cancer.

Read More

Young lives at risk without sarcoma funding

Retail Pharmacy, Other, 10/10/2024

Alveolar soft part sarcoma, or ASPS, is a cancer that can come from different types of soft tissue, such as muscle, fat, or nerves. The Australian and New Zealand Sarcoma Association (ANZA) is calling on urgent funding to increase awareness, diagnosis and research into sarcoma, a rare and often fatal cancer.

'Early detection saves lives': Why breast screening is essential

SBS, Other, 10/10/2024, Claudette Centeno

Breast cancer is the second leading cause of cancer-related death among women in Australia. Early detection and timely treatment are the best ways to reduce the risks and achieve positive treatment outcomes.

Read More

2CC, Breakfast, 10/10/2024, Stephen Cenatiempo

Compere says the Canberra Liberals are pledging \$4.4m for a diabetes prevention and awareness campaign. He adds that Deputy Opposition Leader Leanne Casley says Diabetes Australia offered similar prevention programmes in other States, particularly in NSW and Qld, and they should be doing it in the ACT as well.

<u>Play Now</u>

ABC Radio Canberra, Breakfast, 10/10/2024, Adam Shirley

Interview with Rachel Stephen-Smith, ACT Health Minister. Stephen-Smith says they already have some programmes in place to deliver end of life rituals but they're not necessarily well understood or accessible. with Aboriginal Liaison Services. Compere says the Opposition today has announced that they will provide an extra \$3.4m of funding to Diabetes Australia for a preventative health programme and \$1m for education on the subject. Stephen-Smith says they are also working together with Diabetes Australia and the Canberra Health Services has a credited diabetes education programme with award-winning clinicians behind them.

<u>Play Now</u>

Back to Top

PRIMARY CARE

Greens to take on Labor in north

Daily Telegraph, General News, 11/10/2024, Angira Bharadwaj, Page 11

Greens leader Adam Bandt is descending on NSW's northern rivers region with a healthcare focused campaign in a bid to take the marginal federal seat from Labor's hands. Mr Bandt will join the Greens candidate for Richmond Mandy Nolan today and on Saturday to spruik the party's commitment of six free healthcare clinics in the electorate of Richmond.

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Union fights to get whistleblower his job

Herald Sun, General News, 10/10/2024, Sarah Booth, Page 3

A whistleblower medic whose photo of a crashed ambulance sparked outcry over paramedic's fatigue and workload has been sacked. The Victorian Ambulance Union has slammed National Patient Transport a private company separate to Ambulance Victoria after ambulance transport officer Andrew Bishop lost his job.

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Hot heroes in the fur-nace

Herald Sun, General News, 11/10/2024, Jordan McCarthy, Page 7

Since the first Australian Firefighters Calendar was sold in 1993, more than \$3.45m has been raised for various charities, including the Children's Hospital Foundation, where funds have supported research into childhood burns. The options in 2025 are broad, like those shoulders, with choices ranging from firefighter-only, firefighter and dog, cat or horse calendars and a firefighter and mixed animal option for those who can't choose.

Also reported by: Adelaide Advertiser (Adelaide)

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Script trial passes test

Courier Mail, General News, 11/10/2024, Page 9

Pharmacists will be able to dispense scripts for hormonal contraception and other simple issues under a Labor pledge to make a trial into the practice permanent. Premier Steven Miles, visiting Mareeba in far North Queensland to announce a \$20m expansion of the district hospital, said the scheme would take pressure off GPs.

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\$20m hospital upgrade

Courier Mail, General News, 11/10/2024, Arun Singh Mann, Page 10

The Far North's largest rural centre would receive \$20m in upgrades for its local hospital under a reelected Labor government. Premier Steven Miles and Health Minister Shannon Fentiman visited Mareeba Hospital on Thursday where they committed \$20m for a refurbishment of the ageing emergency department, including 16 new beds and two resuscitation bays.

Also reported by: <u>The Courier Mail (Online)</u>, <u>Daily Telegraph Australia (Online)</u>, <u>Northern Territory News (Online)</u>, <u>Gold Coast Bulletin (Online)</u>, <u>The Mercury (Online)</u>, <u>Geelong Advertiser (Online)</u>, <u>Adelaide Now (Online)</u>, <u>Townsville Bulletin (Online)</u>, <u>Cairns Post (Online)</u>

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Voluntary assisted dying scheme won't change: Lee

Canberra Times, General News, 11/10/2024, Jasper Lindell, Page 7

The Canberra Liberals say they would not make any changes to the forthcoming voluntary assisted dying scheme, despite having pushed unsuccessfully for amendments before the laws passed and the majority of its members voting against it. Labor on Thursday promised to provide extra funding for palliative care services and would commit to expanding a respite home program for people with life-limiting illnesses.

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Hands off NT workers

Northern Territory News, General News, 11/10/2024, Camden Smith, Page 1

More than 140 paramedics have experienced serious physical or sexual violence in the Territory in the past 12 months, with a senior paramedic brutally attacked in Alice Springs on Wednesday night. St John NT director of ambulance services Andrew Thomas said the female paramedic was returning to her home in Alice Springs at the end of her shift in a marked St John vehicle when the attack took place.

Also reported by: The Courier Mail (Online)

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Attack dogs

Northern Territory News, Editorials, 11/10/2024, Page 18

In today's edition, the violent crime continues with the sickening assault of a paramedic at the end of their shift in Alice Springs. The worker, who had just arrived at their home in a marked St John vehicle, was set upon.

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Hospital diverts sick nine times in three months

Sunshine Coast Daily, General News, 11/10/2024, Chloe Grimshaw, Page 11

A major Sunshine Coast hospital was forced to declare nine occasions within a three-month period where resources were unable to cope with patient demand, data has revealed. According to Queensland Health performance data, between April and June this year, the Sunshine Coast University Hospital escalated to a tier three capacity a total of nine times.

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Doc sends a disaster SOS

Townsville Bulletin, General News, 11/10/2024, Daniel Shirkie, Page 1

A Townsville GP who witnessed the worst of the 2019 floods is urging the next state government to invest in a plan to protect general practices in order to ensure they're ready to respond in the immediate aftermath of natural disasters. Royal Australian College of General Practitioners' rural chair Michael Clements found his practice under siege by nearly 70cm of water during the 2019 floods, and he faced a long battle to reopen.

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Labor to trial pharmacy scripts to ease pressure on GPs

The Courier Mail, Other, 10/10/2024, Hayden Johnson

Pharmacists will be able to dispense scripts for hormonal contraception and other simple issues under a Labor pledge to make a trial into the practice permanent. Premier Steven Miles, visiting Mareeba in far North Queensland to announce a \$20m expansion of the district hospital, said the scheme would take pressure off GPs.

Also reported by: <u>Northern Territory News (Online)</u>, <u>Gold Coast Bulletin (Online)</u>, <u>The Mercury (Online)</u>, <u>Adelaide</u> <u>Now (Online)</u>, <u>Daily Telegraph Australia (Online)</u>

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Women being 'gaslit' by inexperienced doctors who don't know how to deal with menopause

The Courier Mail, Other, 11/10/2024, Samantha Maiden

Horror stories of women being 'gaslit' by inexperienced doctors treating menopause and forced to pay huge bills for hormone therapy and bone density scans has prompted demands for Prime Minister Anthony Albanese to take urgent action. Warning that some doctors are under-trained and providing poor advice to women who are painted as 'mad and sad', there are fresh calls to demand GPs receive more information about one of the most common issues they will treat.

Also reported by: NEWS.com.au (Online), Adelaide Now (Online)

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'Great strides': Government touts boost to Maitland Hospital ED

Newcastle Herald, Other, 10/10/2024, Damon Cronshaw

Sixteen full-time equivalent staff have been recruited to Maitland Hospital emergency department's "short stay unit", enabling it to operate seven days a week. The short stay unit, which opened in June, has been operating for four days a week.

Read More

Queensland's GP practices to be permanently exempt from payroll tax menace

Australian Doctor, Other, 10/10/2024, Heather Saxena

It has been a pained battle over the past two years, but general practices in Queensland will become the first to be permanently exempt from payroll tax under pledges made by both major parties ahead of the state election. Premier Steven Miles promised this week to introduce the necessary legislation just a week after Liberal National Party (LNP) leader David Crisafulli declared he would protect practices.

Read More

'A GP is not the arbiter of good patient choice': A defence of nurse-led clinics

Australian Doctor, Other, 10/10/2024

The RACGP and AMA are still attacking the ACT's nurse-led clinics, accusing them of competing unfairly with private GP practices, fragmenting care and costing taxpayers too much for what they deliver.

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Challenged GPs 'most satisfied'

Medical Forum, Other, 10/10/2024

Australia's 'most satisfied' GPs are those working in conditions that many health care providers have

traditionally seen as challenging, a RACGP report has found. The Health of the Nation 2024 report shows a marked improvement in job satisfaction, with the most satisfied GPs working in Aboriginal and Torres Strait Islander Health services, including Aboriginal Community Controlled Health Organisations.

Read More

Forum to inform Voices for Nicholls health policies

Shepparton News Online, Other, 10/10/2024, Emily Donohoe

The Voices for Nicholls team is set to host a health forum in Echuca on Wednesday, October 16, with experts, including Dr Sue Harrison, leading community discussions. Held at the Apex Hall, the event looks to understand the community's health concerns, like the availability of and access to services.

Read More

Not up to scratch, strong message looms on Albury hospital

The Border Mail, Other, 10/10/2024, Anthony Bunn

Locations for a new Border hospital and condemnation of the planned Albury hospital upgrade as "not adequate" are covered in a motion being put to the first meeting of the recently-elected Albury Council. Councillor Geoff Hudson, who is a nurse at Albury hospital, has compiled the seven-part motion, which will be presented to the council meeting on Monday, October 14.

Read More

2CC, Canberra Live, 10/10/2024, Leon Delaney

Interview with Dr Kerrie Aust, Australian Medical Association, about World Mental Health Day. Aust believes that having a conversation around mental health is helping break the stigma on the topic. She says that people who are suffering with mental health concerns should know that if they seek help, they could get better.

Play Now

2CC, Breakfast, 10/10/2024, Stephen Cenatiempo

Compere mentions that ACT Health Minister Rachel Stephen-Smith doesn't take any responsibility for the failures of the health system, and they've got people dying in hospitals. He adds that they have the longest emergency room waiting times in the country and they've got the longest waiting lists times in the country as well.

<u>Play Now</u>

ABC Radio Canberra, Mornings, 10/10/2024, Saskia Mabin

A Canberra Liberals Government will provide better walk-in centres across Canberra where GPS will work with nurse. It comes as Canberra has some of the longest wait times in the nation, so we will deliver 70,000 elective surgeries by working with Canberra Health Services and private providers.

<u>Play Now</u>

Back to Top

MENTAL HEALTH AND SUICIDE PREVENTION

Premiers back age limit for social media

The Australian, General News, 11/10/2024, James Dowling, Page 6

Labor premiers Chris Minns and Peter Malinauskas will back a social media age limit "as high as we can make it", but will defer to federal legislation, arguing Silicon Valley has"changed childhood". [...] "The implications of doing nothing are hugely profound. The rates of self-harm, anxiety, affected health and depression among young people right across the world almost exactly correlate with the widespread, ubiquitous use of social media," Mr Minns said.

TikTok a deadly weapon of China's war on the West

The Australian, General News, 11/10/2024, Charlotte Mortlock, Page 13

In five years from now, I have no doubt we will look back on TikTok as a weapon of war. [...] Just this week, a bipartisan cohort of more than a dozen states in the US sued TikTok for deliberately creating an app to be addictive and resulting in rising rates of depression, eating disorders, anxiety and suicidal ideation.

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Tyson was first locked up at 11. It didn't help

Age, General News, 11/10/2024, Natassia Chrysanthos, Page 6

Robert Tickner joined by the Australian Medical Association, Law Council of Australia and National Children's Commissioner Anne Hollonds said it's time for Prime Minister Anthony Albanese to take personal responsibility. There has been a political push for years to lift the age of criminal responsibility from 10 to 14, but there is still no uniformity across the country.

Also reported by: Sydney Morning Herald (Sydney), Sydney Morning Herald (Online).

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Appetite for abuse

Herald Sun, General News, 11/10/2024, Julie Cross, Page 1

Eating disorders among Australians as young as eight are being fuelled by social media. That's the view of more than 700 clinicians and carers working with people with eating disorders, with a poll finding each blamed social media for its detrimental impact on their clients.

Also reported by: <u>Daily Telegraph (Sydney)</u>, <u>Adelaide Advertiser (Adelaide)</u>, <u>Courier Mail (Brisbane)</u>, <u>Hobart</u> <u>Mercury (Hobart)</u>

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Kouta's rate incentive to provide more housing

Herald Sun, General News, 11/10/2024, Laura Placella, Page 8

Major Brendan Nottle, of the Salvation Army, who has met with Koutoufides, encouraged other candidates running for lord mayor to speak with his organisation, saying that he "invites policies that will help benefit the most vulnerable in the community". "We often see people affected by multiple issues such as homelessness, mental health issues and social isolation, so if we are genuinely serious about helping, it's time to invite new thinking instead of applying old thinking to an age-old issue," he said.

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Schools to teach online horrors

Adelaide Advertiser, General News, 11/10/2024, Paul Starick, Page 5

The dangers of social media and online safety strategies will be taught to students across the state as part of child safety reforms to the school curriculum. Premier Peter Malinauskas on Friday will announce schools will deliver an evidence-based program focused on tackling issues including cyberbullying, body image, mental health and wellbeing.

Also reported by: Toowoomba Chronicle (Online)

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Cry for help unanswered

Courier Mail, General News, 11/10/2024, Lexa Smith, Page 4

A 14-year-old Bundaberg girl has taken her own life after toxic bullying both on social media and in person, leaving behind a devastating note to her mother. "I'm sorry, I love you, Mum," were the heartbreaking words left by Isla Marschke, 14, after harrowing bullying and a failed desperate effort by her mother to get help for her daughter's mental health.

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One in three 'unable to access help they need'

Canberra Times, General News, 11/10/2024, Page 16

Cost-of-living pressures are preventing many Australians from seeking mental health support, with one in three of those suffering not pursuing treatment. Released to coincide with World Mental Health Day on Thursday, the data has been drawn from a WayAhead survey of 1000 people who had experience with a mental health challenge and 1000 who had none.

Also reported by: Border Mail (Albury-Wodonga), Bendigo Advertiser (Bendigo)

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Health's best friend, but beware the gnaw of responsibility

Canberra Times, General News, 11/10/2024, Tania Signal, Page 58

Australia loves dogs. We have one of the highest rates of pet ownership in the world, and one in two households has at least one dog. But are they good for our health? Mental health is the second-most common reason cited for getting a dog, after companionship. And many of us say we "feel healthier" for having a dog - and let them sleep in our bedroom.

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Make an effort to appreciate the little things

Hobart Mercury, General News, 11/10/2024, Guy Barnett, Page 29

The theme of this year's Mental Health Week which comes to an end on October 13 encourages Tasmanians to appreciate the little things. I want to thank the Mental Health Council of Tasmania for its excellent work in this space, and for its support of events held statewide this Mental Health Week for Tasmanians to take part in.

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Worry over youth is one many share

Ballarat Courier, General News, 11/10/2024, Page 7

There has never been a tougher time for young Australians navigating adolescence and early adulthood, with eight of out 10 family members fearing for their mental health. An inaugural survey by national foundation headspace quizzed 2059 family members, including parents, carers, siblings, elders, close friends and step family who care for a young person aged from 12 to 25.

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Teenagers facing increased stresses

Bendigo Advertiser, General News, 11/10/2024, Brodie Everist, Page 4

Expectations at school, keeping up with friends, the pressures of social media and the cost of living are just some of the stresses young people encounter as they grow up, according to head space Bendigo's acting centre manager. "Just as the stress of the world has increased, so too has the stress on young people," Lahni Stevenson said.

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Supporting prevention

Border Watch, General News, 11/10/2024, Page 9

Grants to support suicide prevention are now open through the Suicide Prevention Community Grants program. The grants offer a share in up to \$180,000 and are open to South Australian sporting clubs, community volunteer groups and Suicide Prevention Networks.

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Mindful use of technology much needed

Border Mail, General News, 11/10/2024, Phillipa Brown, Page 52

The Albanese government has said it is looking at banning minors from social media via an age verification process because, it argues, "social media is causing social harm and taking kids away from real friends and real experiences". [...] Young people with access to social media, where an algorithm does the socialisation for them, are at higher risk of exposure to inappropriate content, cyberbullying, negative body image experiences, targeted advertising and online predators.

Also reported by: <u>Ballarat Courier (Ballarat)</u>, <u>Central Western Daily (Orange)</u>, <u>Daily Liberal (Dubbo)</u>, <u>Bendigo</u>, <u>Advertiser (Bendigo)</u>, <u>Daily Advertiser (Wagga Wagga)</u>

Music smooths ups and downs

Newcastle Herald, General News, 11/10/2024, Damon Cronshaw, Page 3

The Headspace event coincided with World Mental Health Day yesterday. Australian Institute of Health and Welfare data shows almost 150,000 people in Hunter New England have a mental health condition. In any given year, one in four young Australians experience at least one mental disorder.

Also reported by: Newcastle Herald (Online)

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Why have treatment waitlists doubled?

Shepparton News, General News, 11/10/2024, Taylah Baker, Page 6

Waitlists for alcohol and other drug treatment in Victoria have nearly doubled since the COVID-19 pandemic, despite \$1 billion raised annually in mental health tax designed to bring relief. The number of Victorians waiting for treatment has increased by 93 per cent since September 2020, according to a recent survey.

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Mental health 'critical to mission success'

Army News, General News, 10/10/2024, Nadav Harel, Page 2

The Director General Mental Health and Wellbeing was speaking ahead of "World Mental Health Day on October 10, which focuses this year on increasing education, awareness and advocacy around the destigmatisation of "mental ill-health'. Brig Langford said this year's Australian theme of "meaningful connections matter' resonated with ADF personnel, who sometimes operated in high-stress and uncertain environments.

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The right psych for the right patient

Medical Forum, General News, 01/10/2024, Carly Dober, Page 33

GPs often work with psychologists, but it is important to understand their endorsements, says Australian Association of Psychologists director Carly Dober. Doctors play a key role in supporting the health and wellbeing of Australians, and psychologists often work closely with GPs in mental health care, offering therapeutic interventions and support.

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Diet can help mental health in MS

Medical Forum, General News, 01/10/2024, Georgia Brice, Page 35

As more research delves into the gut-brain axis, Curtin University's Georgia Brice looks into how diet can improve mental health for multiple sclerosis sufferers. There are more than 2.3 million people worldwide and more than 33,000 Australians who have multiple sclerosis and experience mental health challenges an issue recently highlighted by American actress Christina Applegate.

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MDMA-assisted therapy for PTSD

Medical Forum, General News, 01/10/2024, Jon Laugharne & Michael Winlo, Page 46

The incidence of post-traumatic stress disorder (PTSD) is rising globally, impacting approximately 6-7 per cent of all adults. PTSD presents a complex clinical picture, often complicated by resistance to conventional therapies which typically comprise medications or therapy-based approaches.

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Neurodiversity as we age

The Senior - NSW, General News, 01/10/2024, Desiree Savage, Page 7

A public forum has turned a critical spotlight on autism and ADHD in older adults this week, painting a bleak picture for their future unless there is increased awareness, diagnosis and support. Cognitive neuroscientist Professor Mark Bellgrove and autistic academic Professor Sandra Thom-Jones

addressed hundreds through an online forum recently to highlight the urgent need for more effective support systems.

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Ian Taylor talks hope for at-risk truckies vulnerable to suicide on Mental Health Day 2024

Daily Telegraph Australia, Other, 10/10/2024, Toni Moon

In his 20 years behind the wheel, Ian Taylor has experienced the isolation, long hours and the pressure of deadlines, which have wreaked havoc on his own life and those of fellow truckies. On Mental Health Day, October 10, Mr Taylor spoke out to shed some light on the mental health impacts of the trucking life.

Also reported by: <u>The Courier Mail (Online)</u>, <u>The Mercury (Online)</u>, <u>Cairns Post (Online)</u>, <u>Northern Territory News</u> (<u>Online</u>), <u>Townsville Bulletin (Online</u>), <u>Adelaide Now (Online</u>), <u>Geelong Advertiser (Online</u>), <u>Toowoomba</u> <u>Chronicle (Online)</u>

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James Cook University host Mindful Warriors Full Day retreat for veteran mental health

Daily Telegraph Australia, Other, 10/10/2024, Jami Roberts

With veteran mental health week around the corner, Psychologists from James Cook University have organised a full day retreat to teach participants how to look inward to find peace and regulate their emotions. On Saturday veterans, their family members and participants from the wider community will take part in the Mindful Warriors Full Day Retreat at JCU's Bebegu Yumba campus in Townsville.

Also reported by: <u>Gold Coast Bulletin (Online)</u>, <u>Toowoomba Chronicle (Online)</u>, <u>Townsville Bulletin (Online)</u>, <u>The</u> <u>Courier Mail (Online)</u>, <u>The Mercury (Online)</u>, <u>Adelaide Now (Online)</u>, <u>Northern Territory News (Online)</u>, <u>Cairns</u> <u>Post (Online)</u>

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Julie Inman Grant: We need a safer and more supportive digital environment for all Australian children

Daily Telegraph Australia, Other, 10/10/2024, Julie Inman Grant

Ahead of the the Social Media Summit, one thing is clear: the risks to our children from unsafe online spaces can no longer be ignored, says Australia's eSafety Commissioner, Julie Inman Grant. [...] "Behind each complaint is a child in distress, so our 90 per cent success rate in getting harmful content removed makes a real difference to their emotional and mental wellbeing."

Read More

'America needs you to lead': Australia leading the way on social media age limits

The Courier Mail, Other, 10/10/2024, James O'Doherty

America needs Australia to lead the way on imposing age limits on social media to protect our kids, says the academic who has sparked a worldwide discussion about how to give children back their childhood. US psychologist and author Jonathan Haidt has urged Australian leaders to "keep going" in their fight against big tech companies by imposing a legislated minimum age for kids to access social media.

Also reported by: The Mercury (Online), Northern Territory News (Online), Adelaide Now (Online).

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Social media companies will be made to boot children off their platforms with new government plan

West Australian, Other, 10/10/2024, Katina Curtis

Social media companies would be made to boot children off their platforms and make sure they stay off under the government's plan to legislate a minimum age for access. Communications Minister Michelle Rowland will reveal on Friday the legislation promised before the end of the year will put the onus for the ban on platforms, not parents or young people.

Read More

Many young people struggle to work due to mental health

Canberra Times, Other, 10/10/2024, Neve Brissenden & Holly Hales

Many young Australians are struggling to enter or stay in the workforce, as a mental health crisis deepens for those under 25. According to Headspace's recent National Youth Mental Health Survey, only one in two 12 to 25-year-olds feels confident about achieving their current or future career goals.

Also reported by: <u>The Border Mail (Online)</u>, <u>Daily Liberal (Online)</u>, <u>Newcastle Herald (Online)</u>, <u>Daily Mail</u> <u>Australia (Online)</u>

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Most kids flouting social media limits as summit starts

Canberra Times, Other, 10/10/2024, Alex Mitchell

Youth mental health organisation ReachOut warned that removing social media would block access to what has become a key support for a younger generation. Its research, based on a survey of more than 2000 people aged 16 to 25, found nearly three-quarters routinely relied on social media platforms for mental health support.

Also reported by: <u>The Border Mail (Online)</u>, <u>Northern Daily Leader (Online)</u>, <u>Newcastle Herald (Online)</u>, <u>The Senior (Online)</u>, <u>Daily Mail Australia (Online)</u>, <u>7news.com.au (Online)</u>, <u>Daily Liberal (Online)</u>, <u>Bathurst Western</u> <u>Advocate (Online)</u>

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Australia's push for a teen social media ban is a lonely path. Are we brave or just lost?

ABC Online, Other, 10/10/2024, Ange Lavoipierre

While the event is billed as an open-ended policy discussion, it's shaping up as more of a pep rally for social media bans. Most keynote speakers are in furious agreement that a hard age limit is in order, and that social media is to blame for a marked deterioration in teen mental health, even if the science is still murky.

Read More

ABC and Screen Well to present Mental Health Matters: A Screen Leaders Summit

ABC Online, Other, 10/10/2024

The ABC will partner with Screen Well to present a leadership summit addressing mental health and wellbeing in the Australian screen industry. Mental Health Matters: A Screen Leaders Summit will bring together key screen industry leaders and provide a platform for TV and film cast and crew to ask questions and share their experiences in an ABC Q&A style format.

Read More

Social media platforms with 'low risk of harm to children' could escape Albanese government age ban

The Guardian, Other, 10/10/2024, Rafqa Touma

Social media companies could escape the Albanese government's proposed age ban if they can demonstrate a "low risk of harm to children", the communications minister, Michelle Rowland, has said. Rowland will announce on Friday that the "likely" amendments to the Online Safety Act banning children from social media will "place the onus on platforms, not parents or young people" to enforce the ban.

Read More

Living costs deter Aussies seeking mental health care

Bathurst Western Advocate, Other, 10/10/2024, Holly Hales

Cost-of-living pressures are preventing many Australians from seeking mental health support, with one in three of those suffering not pursuing treatment. Released to coincide with World Mental Health Day

on Thursday, the data has been drawn from a WayAhead survey of 1000 people who had experience with a mental health challenge and 1000 who had none.

Also reported by: <u>Daily Liberal (Online)</u>, <u>Newcastle Herald (Online)</u>, <u>Wagga Wagga Daily Advertiser (Online)</u>, Northern Daily Leader (Online), <u>The Senior (Online)</u>

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More than a movie: Just a Farmer amplifies voice of our rural communities

The Border Mail, Other, 10/10/2024, Jodie O'Sullivan

As World Mental Health Day dawned on October 10, Albury-Wodonga Health (AWH) announced it will host a special screening of critically acclaimed film Just a Farmer to highlight rural and regional mental health. The film, which will screen at Albury Entertainment Centre on Wednesday, October 16 from 6pm-9pm, showcases the resilience and strength of rural communities while shedding light on their challenges.

Read More

Tackling mental health took an underground miner to India to become a yoga teacher

Wagga Wagga Daily Advertiser, Other, 10/10/2024, Emily Walker

Shane Butler and Derrick Cusack have both had mental health battles but the two men were able to overcome their struggles. The two men from Mt Isa in Queensland have shared this year's theme for World Mental Health Day, October 10, which is that meaningful connections matter*.

Read More

Youth social media ban faces opposition

Crikey, Other, 10/10/2024, Rich James

The NSW and South Australian governments are co-hosting a two-day summit on social media in Sydney from today. The event comes amid a backdrop of growing opposition to younger teenagers being banned from social media, Guardian Australia reports

Read More

Naloxone is safe, easy to use, and can save a life

Retail Pharmacy, Other, 10/10/2024

As part of Queensland Mental Health Week, the Pharmacy Guild of Australia (Queensland Branch) and the Queensland Mental Health Commission are raising public awareness about the national Take Home Naloxone program and encouraging local pharmacies and community members to take part.

Read More

World Mental Health Day renews calls for support boost

Royal Australian College of General Practitioners, Other, 10/10/2024

This World Mental Health Day, the RACGP has laid bare the crucial need for increased support and care offerings for patients, as diagnoses continue to rise. In 2024, the World Health Organization's theme for the day is ' Mental Health at Work ', highlighting that 'safe, healthy working environments can act as a protective factor for mental health'.

Read More

Visualised: A changing picture of Australians' mental health

SBS, Other, 10/10/2024, Jessica Bahr

Mental health has been a prominent topic of conversation across the country in recent years, but many people continue to struggle, and the number of Australians seeking treatment is on the rise. In Australia's population of 27 million people, approximately 8.5 million will experience a mental illness at some point in their lifetime.

SA Premier Malinauskas and NSW Premier Chris Minns compare risks of social media to alcohol and gambling at Social Media Summit

Sky News Australia, Other, 10/10/2024, Oscar Godsell

South Australia Premier Peter Malinauskas and NSW Premier Chris Minns have likened the use of social media by minors to the dangers of alcohol and gambling in their push for a ban on youth access. [...] According to the Australian Psychological Society, more than four in 10 teens suffer mental health distress which has been linked to social media.

Read More

Channel 10, The Project, 10/10/2024, Sarah Harris, Waleed Aly & Sam Taunton

During Mental Health Day, Australian women are being urged to prioritise their mental health as they juggle work, family and relationships. The Liptember Foundation research reveals that 54% of women are living with a mental health issue and of those women, only 48% reached out for support.

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Back to Top

CHIEF NURSING AND MIDWIFERY OFFICE

Private hospitals feeling crook as nurses seek a 30pc pay rise

The Australian, Business News, 11/10/2024, Bridget Carter, Page 16

The success of private hospital operators is critical for the federal government, because if they didn't exist, more of the financial burden for funding healthcare would fall on the taxpayer. [...] This follows an application by The Australian Nursing and Midwifery Federation to change the minimum rates in the Nurses Award 2020 excluding aged care nurses, who have already had a lift.

Also reported by: The Australian (Online)

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Mother of stillborn now supports others

Northern Daily Leader, General News, 11/10/2024, Alise Mcintosh, Page 2

Kirsten Pound gave birth to a stillborn baby in December 2020. It was the height of COVID. It was nearing Christmas Day. There were no services available. That's why, during the month of October, she will be donating her steps to Choosing Hope, in order to raise money for Pregnancy and Infant Loss Awareness Month.

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Rural birth emergencies

Medical Forum, General News, 01/10/2024, Page 4

Volunteer ambulance officers in rural and remote areas of Australia are struggling with birth emergencies, which may have serious implications for patient safety, according to Perth research. A study led by Edith Cowan University PhD candidate Michella Hill has found that many volunteer ambos (VAOs) feel anxious and uncomfortable attending unplanned out-of-hospital births and obstetric emergencies.

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Back to Top

HEALTH WORKFORCE

MP says accusations of bullying all in the past

The Australian, General News, 11/10/2024, Sarah Elks, Page 2

Premier Steven Miles and Health Minister Shannon Fentiman were in Cook on Thursday, announcing

\$20m for an expansion of the hospital in Mareeba, the biggest town in Ms Lui's seat, west of Cairns on the Atherton Tableland. They also announced that the government's two pharmacy pilots would be made permanent, a policy that has been criticised by doctors.

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Make us disaster-proof

Daily Mercury, General News, 11/10/2024, Paul Brescia, Page 8

A regional GP who has seen the damage floods can wreak on her work is calling for the next Queensland government to commit funding to help provide doctors with crucial disaster infrastructure. Royal Australian College of General Practitioners president Dr Nicole Higgins runs a practice in Mackay, and was caught up in the 2008 floods, losing electricity and access to patients' records.

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Apartment complex for Bendigo Hospital essential workers has \$36m price hopes

Northern Territory News, Other, 10/10/2024, Peter Farago

A purpose-built residential complex housing essential workers for a major regional Victorian hospital is offered for sale as a long-term tenanted investment. The property comprising 120 apartments is leased to Bendigo Health until March 2044, ensuring a secure lease term of 19.46 years.

Read More

Dodgy locums, 'extortional' flights and the battle against loneliness: The lives of surgeons in the bush

Australian Doctor, Other, 10/10/2024, Carmel Sparke

What is life like for a general surgeon who moves to a rural area, often far away from colleagues and the opportunity for a hallway or theatre chat? A new paper offers insights into their experiences, including working with dodgy IT, unreliable locums and visiting hot shot city surgeons who take the "cream" of the work.

Read More

Concern over looming doctor shortage

Medical Forum, Other, 10/10/2024

Almost a fifth of WA's medical specialists are due to reach retirement age in the next 10 years, while many senior doctors are working less hours in the public system, according to a report. The worrying figures are in the WA Health Workforce Strategy 2024, which outlines a plan between now and 2034 to address the workforce challenges unique to WA.

Read More

Back to Top

TECHNOLOGY ASSESSMENT AND ACCESS

Navis Capital prepares \$1b-plus exit at Device Technologies

Australian Financial Review, General News, 11/10/2024, Page 3

Navis Capital's Phil Latham has every industrials banker on the street wrapped around his little finger as he mulls the future of the firm's Device Technologies.

Also reported by: Australian Financial Review (Online).

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ASX medical disruptors pioneering new diagnostics and cutting-edge procedures

The Australian, Other, 10/10/2024, Nadine Mcgrath

Robotic-assisted surgeries, advances in storage and transfer of medical records and images are further shaking up the healthcare landscape. Optiscan (ASX:OIL) CEO and managing director Dr

Camile Farah – himself a trained pathologist – told Stockhead a great example of disruption in medicine was in the field of radiology

Also reported by: <u>Daily Telegraph Australia (Online)</u>, <u>Northern Territory News (Online)</u>, <u>The Courier Mail (Online)</u>, <u>Geelong Advertiser (Online)</u>, <u>Townsville Bulletin (Online)</u>, <u>The Mercury (Online)</u>, <u>Cairns Post (Online)</u>

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\$190,000 combination therapy for blood cancer listed on the PBS

Australian Doctor, Other, 10/10/2024, Mohana Basu

A new combination therapy to treat both chronic lymphocytic leukaemia and small lymphocytic lymphoma is now available on the PBS. Fifteen months of ibrutinib (Imbruvica) plus venetoclax tablets — an all-oral, fixed-duration combination therapy — until now, had cost patients around \$190,000.

Read More

<u>Back to Top</u>

MEDICARE BENEFITS AND DIGITAL HEALTH

Premier gets 'heart' of Telethon beating

West Australian, General News, 11/10/2024, Jessica Page, Page 5

Roger Cook took a break from his role as Premier on Thursday to concentrate on a more important job flying the flag for Telethon. Mr Cook visited Perth Children's Hospital to meet some of the fundraising extravaganza's many beneficiaries, including six-year-old Shay Hart, who took the opportunity to give him a health check.

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Changing lives in a Telehealth triumph

Daily Advertiser, General News, 11/10/2024, Ciara Bastow, Page 5

In a move aimed at addressing the growing healthcare needs of rural communities, former Wagga doctor Jeremy Allen has set up a telehealth service. The telehealth service will provide medical consultations, prescriptions and personalised care to patients who can't get in to see their general practitioner.

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Bupa launches free telehealth consults

Royal Australian College of General Practitioners, Other, 10/10/2024, Michelle Wisbey

The private health insurer now offers three free appointments to members each year, but GP experts are already questioning the service, saying 'nothing is free'. Of Bupa's telehealth consultations, 72 per cent were resolved on the call and 15 per cent were referred to a GP.

Read More

<u>Back to Top</u>

BENEFITS INTEGRITY

No relevant coverage

Back to Top

HEALTH SYSTEMS STRATEGIES

No relevant coverage

Back to Top

SPORT

'Drunk or on drugs': Hawks play the man in race-claim fightback

The Australian, Sport, 11/10/2024, Michael Warner & Miles Proust, Page 28

Hawthorn has claimed alleged racism victim Carl Peterson was incoherent and appeared affected by drugs or alcohol when he was picked up by a club official at Melbourne Airport after a flight from Perth. The club has also rejected Peterson's allegation that former Hawthorn coach Alastair Clarkson told him in a 2009 meeting to "break up" with his partner and "tell her to terminate the pregnancy".

Also reported by: Herald Sun (Melbourne)

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Hawks' racism defence: star 'appeared drunk'

Australian Financial Review, General News, 11/10/2024, William Ton, Page 10

Former Hawthorn player Carl Peterson appeared drunk or drug-affected and lost his clothing after being picked up by a club official at the airport, the AFL club claims.

Also reported by: <u>Canberra Times (Online)</u>, <u>The Senior (Online)</u>, <u>Newcastle Herald (Online)</u>, <u>Canberra Times</u> (<u>Online</u>), <u>Bendigo Advertiser (Bendigo</u>), <u>Border Mail (Albury-Wodonga</u>), <u>Burnie Advocate (Burnie)</u>, <u>Daily</u> <u>Advertiser (Wagga Wagga</u>), <u>Launceston Examiner (Launceston)</u>, <u>9News (Online)</u>, <u>Daily Mail Australia (Online)</u>, <u>West Australian (Online)</u>, <u>Australian Financial Review (Online)</u>, <u>Bathurst Western Advocate (Online)</u>, <u>Daily Mail</u> <u>Australia (Online)</u>, <u>The Border Mail (Online)</u>, <u>Northern Daily Leader (Online)</u>

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Can-do Cummins

Sydney Morning Herald, General News, 11/10/2024, Kishor Napier-Raman & Stephen Brook, Page 2

While some of the Australian men's Test stars were warming up for this summer's blockbuster India series by representing their states in the Sheffield Shield opener, captain Pat Cummins was working the corridors of power, appearing at an event organised by the parliamentary friends of cricket.

Also reported by: Age (Melbourne)

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Matildas veteran turns to weeding racism out at the grassroots level

Sydney Morning Herald, General News, 11/10/2024, Cindy Yin, Page 3

Decorated Matildas star Kyah Simon can still remember the moment she confronted racism on the pitch as a teenager. The Anaiwan and Biripi woman was part of an Australian junior team as a 16-year-old when she overheard her teammate make an offensive joke at training.

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Hawks hit back in racism dispute

Adelaide Advertiser, General News, 11/10/2024, Michael Warner, Page 8

Hawthorn has claimed alleged racism victim Carl Peterson was incoherent and appeared affected by drugs or alcohol when he was picked up by a club official at Melbourne Airport after a flight from Perth. The club also rejected Peterson's allegation that former coach Alastair Clarkson had told him in a 2009 meeting to "break up" with his partner and added "tell her to terminate the pregnancy".

Also reported by: Hobart Mercury (Hobart), Northern Territory News (Darwin), Cairns Post (Cairns)

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LNP slams stadium delays

Sunshine Coast Daily, General News, 11/10/2024, Chloe Grimshaw & Edward Franklin, Page 11

LNP deputy leader Jarrod Bleijie has slammed the Queensland government for leaving the community "in limbo" following news a major Olympic stadium upgrade had been delayed. The failure to secure an appropriate tenderer for the Sunshine Coast Stadium redevelopment, before the state government entered caretaker mode, was revealed to have delayed the project by 12 months.

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HEALTH ECONOMICS AND RESEARCH

Amplia breakthrough nabs Prime Minister's Prize for Innovation

The Australian, Other, 10/10/2024, Nadine Mcgrath

Amplia Therapeutics has been named co-recipient of the 2024 Prime Minister's Prize for Innovation in recognition of its outstanding contribution to drug discovery and development in Australia. The firm's CEO, Dr Chris Burns, and long-time scientific collaborator Professor Andrew Wilks received the coveted award at the Prime Minister's Prizes for Science event at Parliament House in Canberra this week for their outstanding contribution to drug discovery and development in Australia.

Also reported by: <u>Daily Telegraph Australia (Online)</u>, <u>Geelong Advertiser (Online)</u>, <u>The Mercury (Online)</u>, <u>Adelaide Now (Online)</u>, <u>The Courier Mail (Online)</u>, <u>Northern Territory News (Online)</u>

Read More

Back to Top

FIRST NATIONS HEALTH

Epic run to help step up fight against RHD

Northern Territory News, General News, 11/10/2024, Alex Treacy, Page 5

The rates of RHD in Australia are among the highest in the developed world, and nowhere is more susceptible than the NT, where the disease affects people at rates sharply higher than the two other northern states, Queensland and Western Australia. The Remote Laundries Project, which opened its fifth laundry, at Gunbalanya, earlier this year, said it will use Dr Tile's donation to pay more wages.

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Libs promise to hand back Boomanulla Oval as part of First Nations plan

Canberra Times, Other, 10/10/2024, Jasper Lindell

The Canberra Liberals have vowed to transition control of Boomanulla Oval back to Canberra's Indigenous community and hand the Ngunnawal Bush Healing Farm to an Aboriginal community controlled organisation. The opposition would also boost Winnunga Nimmityjah Aboriginal Health and Community Services' funding by \$2 million and hand an extra \$250,000 to Gugan Gulwan for an expanded tutoring program.

Read More

From small budget changes, big things grow

Australian Financial Review, Other, 10/10/2024, Tom Burton

The framework is a response to the 2020 Closing the Gap agreement, which sought to fundamentally change from highly prescriptive top-down programs to a genuine place-based partnership model.

Read More

Five-year itch soothes kids

Medical Forum, Other, 10/10/2024

A Perth-led study has halved skin infections in Aboriginal children living in remote communities. Untreated skin infections can lead to life-threatening illnesses including rheumatic heart disease, sepsis and kidney disease and the study showed that regular skin checks were the single most powerful measure in reducing infection rates.

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Parliamentary inquiry into youth justice and incarceration hears calls for system overhaul

National Indigenous Times, Other, 10/10/2024, Dechlan Brennan

Youth incarceration shouldn't be seen as a last resort, but one we "actively resist," leading human rights lawyers and Indigenous legal and policy experts have said. In a joint submission to the parliamentary inquiry into Australia's youth justice and incarceration system, the National Justice Project and Jumbunna Institute for Indigenous Education and Research said the mistreatment of young people in custody - especially First Nations youth - is rooted in systemic failures.

Read More

Indigenous peak body calls for wellbeing and suicide prevention to be addressed "beyond the health system"

National Indigenous Times, Other, 10/10/2024, Giovanni Torre

Gayaa Dhuwi (Proud Spirit) Australia, the national peak body for Aboriginal and Torres Strait Islander social and emotional wellbeing, mental health, and suicide prevention, says Indigenous health and wellbeing must be addressed beyond the health system. In a statement issued Thursday the group noted that Aboriginal and Torres Strait Islander people "should have every opportunity to live happy and fulfilling lives.

Read More

Indigenous communities pushing back against eye disease

National Indigenous Times, Other, 10/10/2024, Keira Jenkins

The prevalence of a highly infectious eye disease among Aboriginal and Torres Strait Islander children has declined by 87 per cent, data shows. Active trachoma among Indigenous children aged five to nine from at-risk communities was 1.8 per cent in 2023, down from 14 per cent in 2007, according to an Australian Institute of Health and Welfare report.

Also reported by: The Senior (Online)

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Sky News Live, The Rita Panahi Show, 10/10/2024, Rita Panahi

News But first, judges have been told to be trauma informed when handing down judgements in a new manual commissioned by the New South Wales judicial watchdog and endorsed by the Australasian Institute of Judicial Administration, the guides focus is on a postmodern legal concept called therapeutic jurisprudence. The goal is to make sure that consequences for breaking the law have a positive impact on the wellbeing of defendants.

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<u>Back to Top</u>

INTERIM AUSTRALIAN CDC

Big biosecurity bungle

Daily Telegraph, General News, 11/10/2024, Page 5

Australia's largest state farming organisation has slammed the "weak response" of the federal government to United Airlines' biosecurity law breaches, saying jaywalkers get harsher treatment. On two occasions in 2022 and 2024, United Airlines failed to declare there were assistance dogs on board flights into Sydney and Brisbane.

Also reported by: Courier Mail (Brisbane)

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'Avoid whale carcass'

Courier Mail, General News, 11/10/2024, Page 3

Authorities fear a humpback whale carcass at Bribie Island that is missing its head and tail will attract sharks. [...] Whales can carry zoonotic diseases, and people are advised never to touch them," rangers said.

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United Airlines in hot water over undeclared dogs on flights into

Sydney and Brisbane

The Australian, Other, 10/10/2024, Robyn Ironside

Deputy secretary for biosecurity Justine Saunders said the department's goal was to protect Australia from exotic pests and diseases. "Enforceable undertakings help us ensure long-term compliance with biosecurity requirements in a collaborative and more cost-effective manner that avoids lengthy court proceedings," said Ms Saunders.

Also reported by: <u>Northern Territory News (Online)</u>, <u>Adelaide Now (Online)</u>, <u>The Mercury (Online)</u>, <u>Daily</u> <u>Telegraph Australia (Online)</u>, <u>The Courier Mail (Online)</u>

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Who let the dogs in? US airline in biosecurity breach

West Australian, Other, 10/10/2024, Callum Godde

Biosecurity deputy secretary Justine Saunders said the unchecked importation of live animals into Australia posed an unacceptable biosecurity risk. "Australia is currently free of many exotic pests and diseases such as rabies, which can be transmitted from dogs to humans," she said in a statement on Thursday.

Also reported by: <u>Daily Mail Australia (Online)</u>, <u>Canberra Times (Online)</u>, <u>Ballarat Courier (Online)</u>, <u>The Border</u> <u>Mail (Online)</u>, <u>The Senior (Online)</u>, <u>Illawarra Mercury (Online)</u>, <u>Newcastle Herald (Online)</u>

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Weed killer outlawed with immediate effect over health fears

In Daily, Other, 10/10/2024

The use or sale in Australia of a herbicide linked to irreversible health problems in unborn babies has been made illegal with immediate effect and no phase-out period. Dacthal is used on crops such as broccoli, cauliflower, cabbage, turf and cotton, stopping weeds at the shooting or sprouting stage.

Read More

GP reminder for meningococcal vax

Medical Forum, Other, 10/10/2024

Wa GPs are being reminded that there are two types of meningococcal vaccine available — one for serogroups A, C, W and Y and the other for serogroup B — on the back of a recent case in a child. This year's total has already passed the nine cases recorded in 2023, with 11 meningococcal cases reported in WA to date; with eight cases serogroup B, one serogroup W, one serogroup Y and one serogroup unknown.

Read More

<u>Back to Top</u>

THERAPEUTIC GOODS ADMINISTRATION

No relevant coverage

Back to Top

OFFICE OF DRUG CONTROL

Party drug warning for high-dose ecstasy

Central Western Daily, General News, 11/10/2024, Nadine Morton, Page 5

An urgent warning has been issued for high-dose MDMA tablets (ecstasy) that can cause fits, irregular heart rhythm and death. The alert comes ahead of music festival season and health authorities say these tablets are in circulation now.

Also reported by: <u>Daily Liberal (Dubbo)</u>

FOOD STANDARDS

Trying the meat and milk of the future

Age, General News, 11/10/2024, Liam Mannix, Page 3

The first thing served at lunch is a form that waives all our legal rights and acknowledges that what we're about to eat "may be inherently dangerous and may cause serious or grievous injuries". This is, obviously, not a great way to start a meal.

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Urgent recall over popular lollies sold at IKEA stores

Daily Telegraph Australia, Other, 10/10/2024, Alexandra Feiam

A popular bag of lollies sold in Australian IKEA stores have been urgently recalled over safety concerns. A recall from the Food Standards Australia and New Zealand (FSANZ) was issued for the Gott & Blandat Original 150g and 550g jelly candy, for failing to declare the presence of allergens including wheat and gluten.

Also reported by: <u>Toowoomba Chronicle (Online)</u>, <u>Northern Territory News (Online)</u>, <u>Geelong Advertiser (Online)</u>, <u>Gold Coast Bulletin (Online)</u>, <u>Adelaide Now (Online)</u>, <u>The Mercury (Online)</u>, <u>NEWS.com.au (Online)</u>, <u>The Courier</u> <u>Mail (Online)</u>, <u>Townsville Bulletin (Online)</u>, <u>The Australian (Online)</u>, <u>Sky News Australia (Online)</u>, <u>West Australian</u> (<u>Online)</u>

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IKEA's Gott & Blandat Original fruit gummies recalled over undeclared allergens

7news.com.au, Other, 10/10/2024, Sowaibah Hanifie

Food Standards Australia and New Zealand has issued a recall notice for lollies sold at IKEA because of incorrect product labelling. The Gott & Blandat Original 160g and 550g fruit gummies packets have undeclared allergens of wheat and gluten, according to the notice.

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Recall for lollies sold at IKEA stores across multiple states

9News, Other, 10/10/2024, Richard Wood

Food Standards Australia and New Zealand (FSANZ) issued the recall for the ?Gott & Blandat Original 160g and 550g jelly candy due to the presence of undeclared allergens wheat, gluten. "Any consumers who have a wheat and gluten allergy or intolerance may have a reaction if the product is consumed," said the FSANZ in a statement.

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Lollies sold at IKEA stores are recalled over safety concerns

Daily Mail Australia, Other, 10/10/2024, Antoinette Milienos

A popular sweet treat sold at IKEA stores across the country have been pulled from shelves over hidden allergen concerns. An urgent recall was issued for the Gott & Blandat Original 160g and 550g jelly candy found at IKEA across Australia. Food Standards Australia and (FSANZ) explained recall was due to the presence of undeclared allergens including wheat and gluten in the jelly candy.

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Back to Top

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PFAS foam leaks on Transurban's Brisbane toll road rankle council

Australian Financial Review, Other, 10/10/2024, Jenny Wiggins

Transurban's maintenance practices are being scrutinised by Brisbane's City Council after hundreds of litres of fire-fighting foam containing PFAS chemicals leaked from tanks into a pump station in the company's Clem Jones Tunnel.

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Glitter has lost its shine – but scientists may have found a safer substitute

The Guardian, Other, 11/10/2024, Petra Stock

University of Melbourne researchers tested the effects of conventional and cellulose-based glitters at different concentrations – 10, 100 and 1,000 mg glitter/kg of soil – on the health of tiny soil animals called springtails. The paper, , found that when conventional glitter made from plastic and metal was present in soil at 1,000 mg/kg, springtails produced 61% fewer offspring compared to a control soil sample after 28 days.

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Back to Top

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